

INSIDE TODAY

U.S. NEWS

CONN. KILLINGS



Manchester, Conn. Police Chief Marc Montminy answers reporters questions near the site of a multiple fatal shooting in Manchester, Conn., Tuesday, Aug. 3, 2010. A warehouse driver who was asked to resign his job at a beer distributor refused, then opened fire Tuesday morning, a company executive said.

Read more on Page A5

SPORTS NEWS

NO FAVRE



This Jan. 24, 2010, file photo shows Minnesota Vikings quarterback Brett Favre (4) celebrating his touchdown pass to Sidney Rice during the first quarter of the NFC Championship NFL football game against the New Orleans Saints, in New Orleans.

Read more on Page 13

Price of a barrel of petroleum

US\$ 82.55

↑ 0.21



New York City Mayor Michael Bloomberg, center, City Council Speaker Christine Quinn, third from left, and members of local religious institutions stand in front of the Statue of Liberty for a news conference in New York, Tuesday, Aug. 3, 2010. The political and religious leaders were there to show their support for a mosque and Islamic cultural center planned in lower Manhattan.

Associated Press

NYC panel clears way for mosque near ground zero

BETH FOUHY
KAREN MATTHEWS

Associated Press Writers

NEW YORK (AP) — A city panel Tuesday cleared the way for the construction near ground zero of a mosque that has caused a political uproar over religious freedom and the Sept. 11, 2001 attacks even as opponents vowed to press their case in court.

Continued on Page 3

Try one of our Frosty Desserts!

Frosty Shake Ice Cream Soda Twisted Frosty Vanilla or Chocolate Frosty

Republicans want review of birthright citizenship



Senate Minority Leader Mitch McConnell of Ky., talks to the media on Capitol Hill in Washington, Tuesday, Aug. 3, 2010, after the Republican policy luncheon.

Associated Press

BEN EVANS

Associated Press Writer

WASHINGTON (AP) — Leading Republicans are joining a push to reconsider the constitutional amendment that grants automatic citizenship to people born in the United States.

Continued on Page 4



Family members of slain local leader of the Muttahida Quami Movement Raza Haider who was killed by unknown gunmen, cry during his funeral in Karachi, Pakistan on Tuesday, Aug. 3, 2010. Gunmen killed dozens of people in Pakistan's largest city after the assassination of a lawmaker, officials said Tuesday.

Associated Press

Read more on Page 6

STRIPS Special

2 pc. Strips, 1 Mashed Potato, 1 Biscuit + 1 Soft drink 12oz.

us. 3⁵⁰

KFC

It's Finger Lickin' Good!

Obama signs bill reducing gap in cocaine sentences



President Barack Obama signs the Fair Sentencing Act, Tuesday, Aug. 3, 2010, in the Oval Office of the White House in Washington.

Associated Press

WASHINGTON (AP) — President Barack Obama signed into law on Tuesday a bill to reduce the disparity between federal mandatory sentences for convictions for crack cocaine and the powder form of the illegal drug. Obama had no comment as

he signed in an Oval Office ceremony open only to news photographers. The sentencing discrepancy has been a longtime irritant within the black community, a vital Obama constituency. The quarter-century-old law that Congress changed

with the bill Obama signed subjected tens of thousands of black cocaine users to long prison terms while specifying far more lenient sentences to those, mainly whites, caught with powder cocaine.

The new law is not retroactive

and applies only to federal defendants, with no impact on state mandatory sentencing laws. Most drug arrests occur at the state level.

Monica Pratt, spokeswoman for Families Against Mandatory Minimums, said the states generally have been ahead of the federal government in moving away from mandatory sentences in general.

And Bill Piper, director of national affairs for the Drug Policy Alliance, said most states already treat crack and powder cocaine the same. The significance of the new law, he said, is that prosecutors sometimes kick cases up to the federal level to get harsher sentences, which now will be less likely to happen.

The measure Obama signed changes a 1986 law that was enacted at a time when crack cocaine use was rampant, especially in major cities. The drug carried with it a reputation

as a cause of particularly harsh violence among suppliers, sellers and users.

Under that law, a person convicted of possessing five grams of crack cocaine got the same mandatory prison term as someone with 500 grams, or 100 times more, of powder cocaine. The legislation reduces that ratio to about 18-1.

The bill also eliminates the five-year mandatory minimum for first-time possession of crack, the first time since the 1970s that Congress has repealed a mandatory minimum sentence. The repeal does not apply retroactively.

In the 2008 campaign, Obama cited figures that blacks serve almost as much time for drug offenses, 58.7 months, as whites do for violent offenses, 61.7 months. He said the wide gap in sentencing "cannot be justified and should be eliminated." □



Wild Cash Wednesday!

Win your share of \$300 in CASH PRIZES!

Earn one FREE entry ticket for every 50 points earned today from 10am to 10pm.

Cash Prize raffles from 10:30pm to 11:30pm!



• TOMORROW •

Don't miss Bonus BINGO Thursday!

\$1,000 in CASH PRIZES
& Progressive Bingo!



Open daily 6pm to 2am
Happy Hour from 6 to 8pm

• SPORTS BOOK •

Bet on all your favorite sports!



Where Aruba goes to play!

Open daily 10am to 4am • J.E. Irausquin Blvd #47 • 583.5000 • www.casinoalhambra.com

Must be an Alhambra Advantage member. All programs and promotions are subject to change or cancellation without prior notice.

GROUND ZERO MOSQUE

Continued from Front Page

The Landmarks Preservation Commission voted unanimously to deny landmark status to a building two blocks from the World Trade Center site that developers want to tear down and convert into an Islamic community center and mosque. The panel said the 152-year-old lower Manhattan building isn't distinctive enough to be considered a landmark.

The decision drew praise from Mayor Michael Bloomberg, who stepped before cameras on Governor's Island with the Statue of Liberty as a backdrop shortly after the panel voted and called the mosque project a key test of Americans' commitment to religious freedom.

"The World Trade Center site will forever hold a special place in our city, in our hearts," said Bloomberg, a Republican turned independent. "But we would be untrue to the best part of ourselves, and who we are as New Yorkers and Americans, if we said no to a mosque in lower Manhattan." The vote was a setback for opponents of the mosque, who say it disrespects the memory of those killed at the hands of Islamic terrorists on Sept. 11, 2001. Jeers and shouts of "Shame on you" could be heard after the panel's vote.

The American Center for Law and Justice, a conservative advocacy group founded by the Rev. Pat Robertson, announced it would challenge the panel's decision in state court Wednesday.

ACLJ attorney Brett Joshpe said the group would file a petition alleging that the landmarks panel "acted arbitrarily and abused its discretion."

The proposed mosque has emerged as a national political issue, with prominent Republicans from former vice presidential candidate Sarah Palin to former House of Representatives Speaker Newt Gingrich lining up against it. The Anti-Defamation League, the nation's most prominent Jewish civil rights group, known for advocating religious freedom, shocked many groups when it spoke

out against the mosque last week.

The League said building the Islamic center "in the shadow of the World Trade Center will cause some victims more pain — unnecessarily — and that is not right."

Bloomberg said Tuesday that denying religious freedom to Muslims would play into terrorists' hands. He said firefighters and other first responders who died in the Sept. 11 attacks had done so to protect the U.S. Constitution. "In rushing into those burning buildings, not one asked, 'What god do you pray to? What beliefs do you hold?'" Bloomberg said of the first responders. "We do not honor their lives by denying the very constitutional rights they died protecting."

Former Rep. Rick Lazio, a Republican running for governor of New York, attended the commission meeting with a handful of opponents to the mosque, which is being developed by a group called the Cordoba Initiative.

"This is not about religion," Lazio said. "It's about this particular mosque called the Cordoba Mosque, it's about it being at ground zero, it's about it being spearheaded by an imam who has associated himself with radical Islamic causes and has made comments that should chill every single American, frankly."

Lazio said the group's imam, Feisal Abdul Rauf, had refused to call the Palestinian group Hamas a terrorist organization. Rauf also said in a "60 Minutes" interview televised shortly after Sept. 11 that "United States policies were an accessory to the crime that happened."

The Cordoba Initiative says on its website that its goal is to foster a better relationship between the Muslim world and the West, "steering the world back to the course of mutual recognition and respect and away from heightened tensions."

"We believe it will be a place where the counter-momentum against extremism will begin," the imam's wife, Daisy Khan, told The Associated Press Friday. "We are committed to

peace."

The center's board will include members of other religions, the project's backers said. There also will be a Sept. 11 memorial to the victims of the attacks, Khan said.

The commission's decision not to designate the existing building as a landmark means that the developers can tear it down and start from scratch. If the building had been declared a landmark, they could have created a smaller mosque and community center there.

A partner in the project, SoHo Properties, bought the property for nearly \$5 million. Early plans call for a 13-story, \$100 million Islamic center.

Cordoba wants to transform the building into a glass tower with a swimming pool, basketball court, auditorium and culinary school besides the mosque. The center, called Park51, also would have a library, art studios and meditation rooms.

Landmarks Commissioner Stephen Byrns said the building's proximity to ground zero and the fact it was struck by airplane debris during the Sept. 11 attacks don't qualify it as a landmark.

"The debris field around ground zero was widespread, and one cannot designate hundreds of buildings on that criterion alone," Byrns said.

SoHo Properties CEO Sharif El-Gamal said he was "deeply grateful to the landmarks commission and to its staff."

Park51 spokesman Oz Sultan said there was no timeline for starting demolition or construction, adding the building phase was expected take 18 to 48 months.

"It's going to be something that fits in with the New York skyline," he said.

While landmarks commission members went over the existing building's architectural features such as cornices and colonnades, some in the audience of about 60 at Pace University in lower Manhattan held signs telegraphing their opposition.

Linda Rivera's sign read, "Don't glorify murders of 3,000. No 9/11 victory mosque." She cried after the board's vote.

"I lost 3,000 American



The owner of 45 Park Place, Sharif El-Gamal, left, hugs his lawyer Shelly Friedman, after the Landmarks Preservation Commission decided not to landmark his building, the site of a proposed mosque, in New York, Tuesday, Aug. 3, 2010.

Associated Press

brothers and sisters, including courageous policemen and firemen, and this is a betrayal," she said.

But Zead Ramadan, president of the board of the New York chapter of the Council on American-Islamic Relations,

said Islam is "a religion of peace and justice."

"The people here are trying to connect this vile attack on our nation to the religion Islam," he said, "though that exact act stands against everything that Islam stands for." □

Special Of the Month!

Appetizer

- Fish Soup
- Onion Soup
- Conch Fritters
- Escargot
- Salad

Entrée

- **Fresh Catch of the Day**
prepared by our local chef just the way you like it.
- **Jumbo Shrimp** from our local waters, breaded served with potato or rice or with garlic tossed over linguine.
- **Filet Mignon*** 8 oz. US Tenderloin
- **Grilled Boneless Chicken Breast**

Dessert

- Chocolate or Banana Cake
- Ice Cream
- Coffee / Tea

This special cannot be used with any other promotions, vouchers or certificates.

* A surcharge of \$2 will be added.

3-course dinner
\$24.95
per person

Restaurant
Driftwood
Authentic Aruban Seafood

Open daily 5:00 pm - 10:30 pm
(Closed on Tuesdays)
Klipstraat 12 • Tel: 583-2515



SALSA NIGHT Every Wednesday

FREE Salsa & Merengue workshop
Live : PM Band (7-11pm)

J. E. Irausquin Blvd 79 at De Palm Pier • (297) 586 2233 • www.bugaloe.com • info@bugaloe.com • Open daily 9am-12am



Sen. Jeff Sessions, R-Ala., talks with reporters on Capitol Hill in Washington Tuesday, Aug. 3, 2010, before the Republican policy luncheon.

BIRTHRIGHT

Continued from front Page

Senate Republican leader Mitch McConnell of Kentucky said Tuesday he supportsholdinghearingson the 14th Amendment right, although he emphasized that Washington's immigration focus should remain on border security.

His comments came as other Republicans in recent days have questioned or challenged birthright citizenship, embracing a cause that had largely been confined to the far right.

The senators include Arizona's John McCain, the party's 2008 presidential nominee; Arizona's Jon Kyl, the Republicans' second-ranking senator; Alabama's Jeff Sessions, the top Republican on the Judiciary Committee;

Associated Press and Lindsey Graham of South Carolina, a leading negotiator on immigration legislation.

"I'm not sure exactly what the drafters of the (14th) amendment had in mind, but I doubt it was that somebody could fly in from Brazil and have a child and fly back home with that child, and that child

is forever an American citizen," Sessions said.

Legal experts say repealing the citizenship right can be done only through constitutional amendment, which would require approval by two-thirds majorities in both chambers of Congress and by three-fourths of the states. Legislation to amend the right, introduced previously in the House of Representatives, has stalled.

The proposals are sure to appeal to conservative voters as immigration so far is playing a central role in November's elections. They also could carry risks by alienating Hispanic voters and alarming moderates who could view constitutional challenges as extreme. Hispanics have become the largest minority group in the United States,

and many are highly driven by the illegal alien debate. McConnell and McCain seemed to recognize the risk by offering guarded statements Tuesday.

McCain, who faces a challenge from the right in his re-election bid, said he supports reviewing citizenship rights. He emphasized, however, that amending the Constitution is a serious matter.

"I believe that the Constitution is a strong, complete and carefully crafted document that has successfully governed our nation for centuries and any proposal to amend the Constitution should receive extensive and thoughtful consideration," he said.

At a press conference, McConnell refused to endorse Graham's suggestion that citizenship rightsberepealedforchildren

of illegal immigrants. While refusing to take questions, he suggested instead that he would look narrowly into reports of businesses that help immigrants arrange to have babies in the United States in order to win their children U.S. citizenship.

The 14th Amendment, adopted in 1868 in the aftermath of the U.S. Civil War, granted citizenship to "all persons born or naturalized in the United States," including recently freed slaves.

An estimated 10.8 million illegal immigrants were living in the U.S. as of January 2009, according to the Homeland Security Department. The Pew Hispanic Center estimates that as of 2008, there were 3.8 million illegal immigrants in this country whose children are U.S. citizens. □



Democratic Secretary of State Robin Carnahan stands in line to cast her ballot in the Missouri primary election Tuesday, Aug. 3, 2010, in St. Louis. Carnahan is running for the open U.S. Senate seat being vacated by the retirement of Republican Sen. Kit Bond.

Associated Press

LIZ SIDOTI

AP National Political Writer

WASHINGTON (AP) — Two-term Sen. Sam Brownback sailed to the Republican nomination in Kansas' gubernatorial race Tuesday while Robin Carnahan — a member of a famed Missouri political family — secured the Democratic spot on the November ballot in the state's U.S. Senate race.

Both outcomes were expected in what otherwise has been a

Brownback wins Kan. Rep nod; Carnahan tops in Mo.

primary season filled with unanticipated results as tea party conservative activists shook up races across the country and voters spurned candidates aligned with the Washington establishment and political parties.

Voters had no shortage of options in choosing party nominees Tuesday as they focused on successors to Republican senators in Kansas and Missouri and term-limited Michigan Gov. Jennifer Granholm. Five Republicans and two Democrats were vying to succeed Granholm in Michigan, a state reeling from the economic downturn. Three Democrats and nine Republicans were running in Missouri's Senate race, and four Republicans and five Democrats were competing for their party's Senate nominations in Kansas.

Ballots were even more crowded — with up to as many as nine candidates in some cases — in House races in all three states. Missouri also becomes the first state to the test the popularity of President Barack Obama's health care overhaul law. Voters will weigh in on a statewide ballot proposal on whether to reject the law's core mandate that most Americans have health insurance.

The legal effect is questionable, because federal laws generally supersede those in states. But its expected passage could send an ominous political message to Obama and the Democrats. □



'Cold as ice' beer deliveryman kills 8, self

STEPHEN SINGER

Associated Press Writer

MANCHESTER, Connecticut (AP) — A

driver caught stealing beer from the warehouse where he worked agreed to resign from his job Tuesday and then as "cold as ice," one of his victims said, went on a shooting rampage, killing eight people and injuring two before committing suicide.

Omar Thornton, 34, pulled a handgun after a meeting in which he had been offered the chance to quit or be fired. At the meeting, officials showed Thornton videotape evidence of the thefts, and he calmly agreed to quit, company vice president Steve Hollander told The Associated Press.

"Then he went out on this rampage," Hollander said. "He was cool and calm. He didn't yell. He was cold as ice. He didn't protest when we were meeting with him to show him the video of him stealing.

He didn't contest it. He didn't complain. He didn't argue. He didn't admit or deny anything. He just agreed to resign. And then he just unexplainably pulled out his gun and started blasting."

Hollander said he thinks Thornton had guns stashed in his lunch box. The executive said two people standing right near him were shot in the head and killed, but he was only grazed in the jaw and the arm.

"He shot at me twice and hit me a couple times. By just the grace of God, I don't know how he missed me," he said.

About 50 to 70 people were in the Hartford Distributors warehouse about 10 miles (16 kilometers) east of Hartford during a shift change when the gunman opened fire, said Brett Hollander, Steve Hollander's cousin and a member of the family that owns the distributorship.

"I was on the phone with 911 (police dispatchers) and then I saw him running outside of my office window, shooting

his gun, carrying his lunch box, which must have had his weapons in it," Steve Hollander said.

"It doesn't seem real to me now, it seems like I'm watching a movie."

The shooting was over in a matter of minutes. The victims were found all over the complex, and authorities said they didn't know if Thornton fired randomly or targeted specific co-workers. After shooting his co-workers, Thornton called his mother, said Joanne Hannah, the mother of Thornton's girlfriend.

"He wanted to say goodbye and that he loved everybody," she said.

Thornton was alive when police got to the scene but killed himself before officers got to him, Manchester Police Chief Marc Montminy said. A police sharpshooter had approval to fire on Thornton when he killed himself, an official with knowledge of the scene told the AP on condition of anonymity because he was not authorized to discuss it. State police found weapons in the suspect's car, Montminy said, without providing details.

Steve Hollander said Thornton killed "many good people today for absolutely no reason at all, people who've never said an unkind word to him. ... He was just shooting at anyone that was near him and just cruelty beyond cruelty."

Hannah said her daughter, Kristi, had dated Thornton for the past eight years. Kristi Hannah did not return calls for comment.

"Everybody's got a breaking point," Joanne Hannah said.

Thornton, who was black, had complained of racial harassment and said he found a picture of a noose and a racial epithet written on a bathroom wall, Hannah said. Her daughter told her that Thornton's supervisors told him they would talk to his co-workers.

Brett Hollander said, "I can assure you there has never been any racial discrimination at our company." A union official said Thornton had not filed a complaint of racism with the union or any government agency.

"This is a disgruntled employee who shot a bunch of people," Teamsters official Christopher Roos said.

Among the dead was Bryan Cirigliano, 51, president of Teamsters 1035, according to the union. He had been Thornton's representative at Tuesday's disciplinary hearing, the union said.

It was the nation's deadliest shooting since 13 people were killed at Fort Hood, Texas, in November. A



Police are seen moving in on Hartford Distributors, Inc., in Manchester, Conn., Tuesday, Aug. 3, 2010. Authorities say several people have been shot at the beer distribution company in Connecticut. Police in other surrounding towns and state authorities have been called to the scene.

Associated Press

military psychiatrist is 32 counts of attempted charged with 13 counts of premeditated murder in that premeditated murder and case. □

Enjoy a great evening out

DINNER and a MOVIE premiere

July 30 till August 4, 2010

Movie for only
AWG 17,-

Dinner and Movie only \$39,-
per person plus 15% service charge

Have dinner at Aquarius Restaurant or L.G. Smith Steak & Chop House and receive a complementary ticket for the movie INCEPTION for only \$39 per person + 15% service charge. Dinner seating starts from 5:30 pm, for reservations please call 5236156

For movie only, tickets available at the Crystal Theater Box-office, next to Crystal Casino from 5:00 pm.

Movie starts at 8:30 pm.

L.G. SMITH'S
STEAK & CHOP HOUSE

CRYSTAL THEATER
Situated in the Renaissance Mall

AQUARIUS

PREMIERING SOON: The Other Guys - August 5 ★ Eat, Love Pray - August 12 ★ London Boulevard, August 19



MAKE SURE YOU GET YOUR
SELECT CARD
AT PALM BEACH PLAZA MALL
MANY COST BENIFITS AT PARTICIPANTS STORES

SITUATED RIGHT NEXT TO
PASEO HERENCIA



PALM BEACH PLAZA MALL

L.G. SMITH BOULEVARD 95

OPEN FROM 12:00 TO 22:00

SUNDAY MON - SAT

OPEN FROM 17:00 TO 22:00

FOR MORE INFO CALL: 586 4500

Political killing stokes tensions in Pakistan city

ASHRAF KHAN

Associated Press Writer

KARACHI, Pakistan (AP) —

The ruling party in Pakistan's largest city accused its main political rival of supporting Islamist militants suspected of assassinating a party leader, further stoking tensions Tuesday after 45 people died in a night of revenge attacks and arson.

The accusation appeared to reflect the complex and vicious political and ethnic faultlines that crisscross Karachi, also Pakistan's commercial hub and home to the main port for supplies to U.S. and NATO troops across the border in Afghanistan.

It has long been plagued by political violence between supporters of rival parties that draw votes from different

ethnic groups that live in the city of 16 million people. Their supporters are accused of running protection rackets and illegally seizing land, muddying the picture as to the reasons for the bloodshed.

The killing of politician Raza Haider was the most high-profile in a series of slayings of party activists over the last month.

Pakistan's Interior Minister Rehman Malik was quoted by militants as saying Islamist militants were likely suspects, saying Haider was on an extremist hit list.

Haider was a senior member of the Muttahida Qaumi Movement, the party that runs Karachi and represents mainly descendants of Urdu-speaking migrants from India who settled in Pakistan when



Pakistani para military troops gather near a vehicle set on fire by angry mob following the killing of a local leader of the Muttahida Quami Movement in Pakistan on Tuesday, Aug. 3, 2010. Gunmen killed dozens of people in Pakistan's largest city after the assassination of a lawmaker, officials said Tuesday.

Associated Press

it was created in 1947.

The MQM's main rival is the Awami National Party, a nationalist party made up mostly of ethnic Pashtuns from the northwest, where the Taliban are based.

Pashtuns have been arriving in the city in greater numbers in recent years, fleeing Pakistan army offensives against the Taliban. The MQM has long spoken out against the alleged "Talibanization" of the city. While some militants have found safe haven here, critics say the MQM is exploiting the issue for political purposes.

"If you see the record of militants arrests in past years you would see almost all of them were in the Pashtun-dominated areas," Faisal Sabzwari, an MQM leader, told The Associated Press. "And for sure the ANP gives them support." The charge was repeated in a televised news conference by other MQM leaders.

A leading ANP politician dismissed the allegation, noting the party has been

repeatedly attacked by the Taliban in the northwest, where it supports the army offensives against them. "We share their (the MQM's) pain," said Mian Iftikhar Hussain, whose son was killed by insurgents last week.

Police promised to investigate the slaying, but few killers in such cases have ever been brought to justice, nor the motives for the attacks revealed.

Within hours of Haider's assassination, rival gangs torched buildings in Karachi and gunfire erupted in several parts of the city. Many of the dead were killed in targeted, execution-style attacks, authorities said, without revealing details on who they were.

Schools were closed and most business stopped Tuesday as the city braced for further violence, but by nightfall there were no reports of fresh unrest.

The linking of the ANP — and by extension the city's Pashtun population — to the

killing of Haider risks opening fresh fissures. Authorities are normally very cautious in what they say to the media follow political slayings out of fear of triggered revenge killings.

In the 1980s and 1990s, the city was regularly convulsed by violence in which hundreds were killed. MQM leader Altaf Husein fled to London in 1992 as a result of that bloodshed and was granted asylum. He regularly addresses large gatherings of supporters by telephone link.

An estimated 4 million Pashtuns are in Karachi, more than in the main northwestern city of Peshawar.

Many live in sprawling slums on the outskirts that are "no-go" areas for authorities.

Sharfuddin Memon, the head of the Citizens' Police Liaison Committee, speculated the killing of Haider and others may be related to a government operation against so-called "land mafias", which illegally occupy commercially valuable land often allegedly with the backing of political parties. □



**Summer
Chef's
Special**

**16 oz Angus
Cowboy
Steak**

\$19.95

**All sides extra!
Nightly 6 - 11 p.m.**

**Aruba's only AAA Four-Diamond Steakhouse
VOTED #1 in the Caribbean**

For reservations call 526-6640
SunsetGrilleAruba.com

All major credit cards accepted
Radisson.com/aruba

Radisson
ARUBA
RESORT, CASINO & SPA



Mexico: 28,000 killed in drug violence since 2006

MEXICO CITY (AP) — President Felipe Calderon said he would consider a debate on legalizing drugs Tuesday as his government announced that more than 28,000 people have been killed in drug violence since he launched a crackdown against cartels in 2006. Intelligence agency director Guillermo Valdes also said authorities have confiscated about 84,000 weapons and made total cash seizures of \$411 million in U.S. currency and \$26 million worth in pesos (330 million pesos).

Valdes released the statistics during a meeting with Calderon and representatives of business and civic groups, where attendees exploring ways to improve Mexico's anti-drug strategy called on the government to open a debate on legalization. Calderon said he has taken note of the idea of legally regulating drugs in the past.

"It's a fundamental debate in which I think, first of all, you must allow a democratic plurality (of opinions)," he said. "You have to analyze carefully the pros and cons and the key arguments on both sides."

Three former presidents — Cesar Gaviria of Colombia, Ernesto Zedillo of Mexico and Fernando Cardoso of Brazil — urged Latin American countries last year to consider legalizing marijuana to undermine a major source of income for cartels. And Mexico's congress also has debated the issue. But Calderon has so far said he is opposed to the idea.

"I'm not talking just about marijuana," analyst and writer Hector Aguilar Camin said in proposing the debate Tuesday, "rather all drugs in general." The most recent official toll of the drug war dead came in mid-June, when the attorney general said 24,800 had died. Valdes did not specify a time frame for the new statistics.

The government does not regularly break down murder statistics, but leading newspapers who kept their own counts say last month was the deadliest yet under Calderon: According to national daily Milenio, 1,234 were killed in July. The Mexican government says most victims were involved in the drug trade. Some attendees criticized the government for lacking consistent



A soldier stands on a military vehicle in front of the house where, according to Mexico's Defense Ministry, a top leader of the Sinaloa cartel, Ignacio Coronel Villareal, aka Nacho, was killed in Guadalajara, Mexico, Friday July 30, 2010. Soldiers killed Coronel on Thursday in a raid on his posh hideout, dealing the biggest blow yet to Mexico's most powerful drug gang since President Felipe Calderon launched a military offensive against organized crime in 2006.

Associated Press

statistics on the drug war and an effective way to communicate its successes. They also said the government needs to do more to combat the financial arm of organized crime.

"There's no systematic policy for

investigating or seizing the assets of organized crime," said Jose Luis Pineyro of Mexico's Autonomous Metropolitan University, "nor a system of locating the properties of organized crime." □

LOVE YOUR SKIN

WITH ISLAND REMEDY, A TRUE SECRET OF NATURE



BODY LOTION
12 oz.

A unique blend of our 100% Pure Aruba Aloe Vera Gel, Vitamin E, Yarrow & Comfrey to soothe and moisturize dry, irritated skin, while enhancing its radiance and resilience, head to toe. Includes Arnica flower extract for a fresh after feel.



DAY CREME SPF 15
4 oz.

Rich powerful moisturizing crème, formulated with 100% Pure Aruba Aloe Vera Gel and added UV filters for SPF 15 protection. Enriched with Comfrey and Arnica extracts to help recover damaged skin and stimulate elasticity.

T: 588 3222



The complete Island Remedy collection is available at our Aruba Aloe stores at the Paseo Herencia Mall, the Renaissance mall, Palm Beach Plaza and at the Aruba Aloe Factory. To purchase the products online from the USA, visit www.ArubaAloe.com



Israeli soldiers use a crane as they cut a tree next to the border fence with Lebanon, near the southern village of Adaisseh, Lebanon, Tuesday, Aug. 3, 2010.

Lebanese and Israeli troops exchanged fire on the border in the most serious clashes since a fierce war four years ago, authorities said.

A Lebanese officer spoke on condition of anonymity under military guidelines, said the clash occurred as Israeli troops tried to remove a tree from the Lebanese side of the border.

The Israeli military said the tree was in Israeli territory, despite being on the Lebanese side of the fence, because the fence does not match the border in all places.

Associated Press

Lebanon, Israel clash near border; at least four dead

**BASSEM MROUE
ZEINA KARAM**

Associated Press Writer

ADEISSEH, Lebanon (AP) — Lebanese and Israeli troops exchanged fire Tuesday in a fierce border battle that killed a senior Israeli officer, two Lebanese soldiers and a journalist — underlining how easily tensions can re-ignite along the frontier where Israel and Hezbollah fought a war four years ago.

It was the worst fighting since 2006 in the area, where Israeli and Lebanese soldiers patrol within shouting distance of each other, separated by the U.N.-drawn Blue Line boundary.

The fighting flared into Israeli tank, helicopter and artillery strikes near this Lebanese town, but ended after several hours and there was no sign that either side was preparing to escalate.

The Shiite guerrilla force Hezbollah said it offered to help the Lebanese army but in the end did not get involved. “We told our brothers, control yourselves and don’t do anything,” Hezbollah leader Sheik Hassan Nasrallah in a televised speech.

But, he warned, his fighters would intervene if Israeli troops ever attack Lebanese forces again. “Any Israeli arm extended against the Lebanese military will be cut off by the resistance,” said Nasrallah, whose arsenal is far more powerful than the Lebanese army’s. Tuesday’s violence stoked fears that have been brewing for months on both sides that a new conflict could come soon.

The U.N. Security Council urged “utmost restraint.” U.S. State Department spokesman P.J. Crowley said, “The last thing that we want to see is this incident expand into something more significant.” Both the U.S. and the U.N. said they were working to determine the exact circumstances of the fight. Tuesday’s clashes began after an Israeli soldier tried to remove a tree along the border, something the military has done in the past to improve its sightlines into Lebanon.

But both sides claimed the tree was in their territory. An Associated Press photo shows an Israeli standing on a crane reaching over the fence that Israel erected to separate the two countries. The fence, however, does not match the Blue Line in all places, and the Israeli military said in a statement that the tree was in Israeli territory.

“It was over the fence but still within Israeli territory,” the military spokesman’s office said. He said the tree cutting was coordinated with the U.N. peacekeeping force in south Lebanon, UNIFIL.

The Lebanese military said the Israelis crossed onto Lebanese soil despite calls from the U.N. and Lebanon to stop. When the Israelis persisted, Lebanese troops opened fire with small arms and rocket-propelled grenades, it said in a statement.

The Israeli forces responded with “machine guns and tank shells, targeting Lebanese army positions and civilian homes in the area,” the Lebanese military said. It said two soldiers were killed and a third seriously wounded.

Ronith Daher, 32, a Lebanese journalist who was at the scene, said she saw a UNIFIL peacekeeper ask Israel not to allow the Israeli soldier to cross the fence and warned them the Lebanese troops would open fire. A number of journalists had gathered at the site after getting word UNIFIL was trying to resolve the situation.

Israel, however, accused Lebanon of provoking the fight. The Israeli military’s northern commander, Maj. Gen. Gadi Eizenkot, said that while soldiers were removing bushes by the fence, Lebanese military snipers shot two officers who were more than 300 meters (yards) away.

A lieutenant colonel was killed and a captain was critically wounded, the Israeli military said. Israel responded with infantry, tanks and artillery fire and later hit a Lebanese army base and command center with helicopter and artillery fire, Eizenkot said.

“These are the first casualties in the past four years (in the border area). We view this very seriously and that is why we responded so severely,” he told reporters.

Israeli Defense Minister Ehud Barak also demanded that Lebanon and UNIFIL investigate the “murderous attack.” Prime Minister Benjamin Netanyahu vowed that Israel “will respond to any disturbance of the peace on the border and (attempts) to harm civilians and the soldiers protecting them.” □





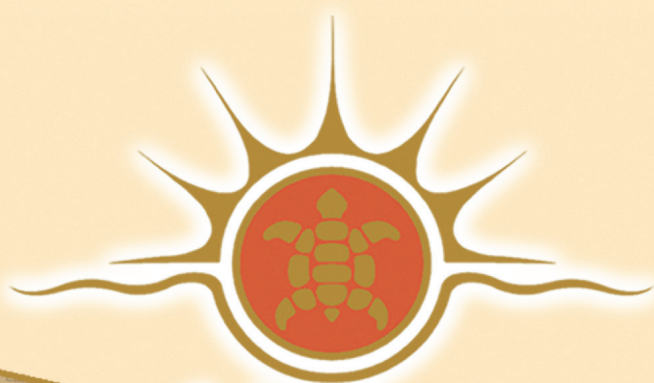
Presents tonight:

An exuberant over two hour show and a scrumptious three-course dinner!

Join us after the show in our “zissling” night club!
Show runs Sunday – Friday, reservations recommended
Seating starts at 7 PM

Night club open nightly!
Sun-Thursday from 10 PM – 2 AM Fri & Sat from 10 PM – 4 AM

For tickets or more information visit our website at www.zissles.com or ask your concierge!
We are located on Paseo Herencia L.G. Smith Blvd 382-A. Tel: (297) 586-3800



Gold Coast
Malmok • Aruba

Your Resort Home in Aruba

- Town Homes & Villas
- Gated community with 24 hours security
- Full resort facilities and services
- Rental Program
- Excellent location near golf course & beaches



Contact us at: Tel: +297-586-2200 • Fax: +297-586-2201 • Toll Free from the U.S. 1-866-978-5770
www.goldcoastaruba.com • info@goldcoastaruba.com • rentals@goldcoastaruba.com
Мы говорим по-русски. звоните : 586-8056

Ex-deputy: Wyclef Jean to run for Haiti president

JONATHAN M. KATZ,
Associated Press Writer
PORT-AU-PRINCE, Haiti (AP) — Singer Wyclef Jean is about to announce his candidacy for president of earthquake-ravaged Haiti, the former head of the country's Chamber of Deputies said Tuesday.

Former Deputy Pierre Eric Jean-Jacques told The Associated Press that the hip hop artist will run as part of his coalition in the Nov. 28 election.

Jean spokeswoman Cindy Tanenbaum declined to confirm the report. She said the singer planned to make an announcement Thursday night in Haiti but declined to say what it would be.

Jean-Jacques, who will be seeking to return to the Chamber of Deputies in the election, said he will be a candidate for a new coalition that calls itself Ansanm Nou Fo, which translates as "together we are strong" in Creole.

"Yes, we have an agreement (with Jean). But he's the one who has to announce it first," Jean-Jacques told AP, declining to elaborate on their political plans.

Jean is popular in Haiti for his music and for his work through his charity Yele Haiti,

which raised millions of dollars after the Jan. 12 earthquake that killed an estimated 300,000 people and knocked down most of the government ministries and many of the homes in the capital.

Rumors have swirled for months that Jean would run for president. The singer has always been careful not to rule out a run for the office and recorded a song "If I was President."

The 37-year-old was born outside Port-au-Prince but left as a child and grew up in Brooklyn.

Dozens of candidates are expected to compete for the presidency in the Nov. 28 election, among them Jean's uncle Raymond Joseph, who is Haiti's ambassador in Washington. Other likely candidates include former prime ministers, mayors and another popular Haitian musician, Michel "Sweet Micky" Martelly.

All must register their candidacies with the country's electoral council by Saturday. The electoral council's director of registration, Jean-Marie Lumier, said Tuesday he had not received papers for Jean's bid.

Questions surround Jean's qualifications for office. He must prove he has resided in

Haiti for five consecutive years, own property in the country and have no other citizenship but Haitian. Officials have disqualified some candidates on technicalities while allowing others to run.

In 2007, the singer was named an official Haitian ambassador-at-large by President Rene Preval, whom Jean supported in his 2006 re-election bid. Preval has served two non-consecutive terms and is barred by the constitution from seeking office again.

In recent weeks Jean's Twitter feed has been awash with original and re-tweeted

demands for transparent elections, proposals for reducing Haiti's chronic poverty and calls to defend camps of the estimated 1.6 million people made homeless by the quake from forced eviction.

Reaction to his possible candidacy has been divided as Haitians debate the pluses and minuses of his inexperience. The musician has a strikingly different profile than the generals, technocrats and priests who have led it before, speaking little French and Haitian Creole with a diaspora accent. □



Recording artist Wyclef Jean, left, is interviewed by host Stuart Varney on the "Varney & Company" program on the Fox Business Network, in New York Friday, July 23, 2010.

Associated Press



BOTTOM FISHING



FOR RESERVATIONS
Call: 586-5026 or 565-1141
8:30AM until 12:30PM

Snapper, Trigger Fish, Grouper and more await you while cruising along the coast, or enjoy a relaxing boat ride and the Caribbean breeze on our upper deck.

INCLUDES:
Lunch at sea, rum punch, refreshments, boat and fishing gear.

\$10 OFF
PER COUPLE
WHEN YOU BRING THIS AD!

American Idol dumps Sony label for Universal



Jennifer Lopez attends the 2010 Apollo Theater Spring Benefit Concert & Awards Ceremony at The Apollo Theater in New York, June 14, 2010.

REUTERS/Natalie Behring

NEW YORK (Reuters) — Entertainment mogul Simon Fuller's 19 Management said on Tuesday it signed up Universal Music Group as the label for artists in future seasons of its hit TV show, American Idol, unceremoniously dumping its Sony Music partner of the last nine seasons.

The new deal will see Universal market and distribute albums from American Idol finalists and winning contestants starting from the 10th season, the first one without acerbic judge Simon Cowell.

Universal, the world's largest music company, which is owned by French media and telecommunications group Vivendi SA, will distribute the music on its Interscope Geffen A&M label.

The announcement is the first major deal for Universal Music under the stewardship of new chief executive Lucian Grainge. The deal is expected to be for a minimum of three seasons, according to a person familiar with the situation.

The American Idol franchise has had some of the highest ratings on U.S. television

since it began in 2001. It has also been very successful in churning out hit records by up and coming artists who find fame on the show.

The TV show had guaranteed Sony Music's RCA label a steady string of hits from top artists such as Kelly Clarkson and Carrie Underwood. 19 Entertainment said American Idol has sold over 100 million music units in North America. With a lucrative contract being shopped around to different labels, speculation mounted the winning label would pay an upfront fee of up to \$100 million to secure a deal.

But the person familiar with the terms said no money exchanged hands upfront and instead cash would be paid as advances per artist album.

More recently, the American Idol show has started to lose some of its magic and the latest season saw a marked drop in viewers, which invariably correlates with lower music sales.

Fuller will be hoping Universal's dominant market power, with over a third of the North American market, will help drive sales through both

traditional and new outlets such as mobile phones.

"I wanted to inject some new power and weight behind our brand," said Fuller in a statement. "We have been quietly delivering hits relentlessly for 9 seasons and Lucian Grainge and (Interscope chairman) Jimmy Iovine's ambition, commitment, and determination to push the boundaries and go even

further with Idol was very compelling."

Universal for its part is already hoping to rekindle new interest in the show by involving more of its current artists to work closely with

the Idol brand next season. For instance performing duets with the contestants. The label is also hoping to bring some of the new artists to its other properties such as online music video site Vevo. □



FILE - In this June 4, 2010 file photo, singer Justin Bieber appears on the NBC 'Today' television program in New York.

(AP Photo/Richard Drew, file)

Justin Bieber set to star in a film about his life

LOS ANGELES — Justin Bieber is adding movie star to his resume.

Paramount Pictures, MTV Films and Bieber's record label, Island Def Jam, say the 16-year-old pop star has signed on to appear in a feature film about his life and career.

The yet-to-be-titled movie is set for release on "Valentine's weekend" of 2011, the companies said Tuesday.

Bieber will also be producing the film, along with mentor Usher, manager Scooter Braun and Island Def Jam Music Group chairman LA Reid.

The movie will offer a "VIP backstage pass" into Bieber's life and will feature 3-D footage from his "My World 2.0" concert tour.

The ubiquitous teen sensation is also bringing his life to readers: HarperCollins announced Monday that it will publish his memoir in October. □

Bobby Hebb of 'Sunny' fame dead at age 72

By JOE EDWARDS,
Associated Press Writer

NASHVILLE, Tenn. — Bobby Hebb, whose 1966 pop music classic "Sunny" described a sincere smile from a woman that lifted the singer's burdens, died Tuesday. He was 72.

Family members and a funeral home spokeswoman said Hebb died at Centennial Medical Center. Friends said he had lung cancer.

"Sunny" also was recorded by many other singers, including Marvin Gaye, Wilson Pickett and Jose Feliciano.

The song's key lines:

"Sunny, yesterday my life was filled with rain.

"Sunny, you smiled at me and really eased the pain.

"The dark days are gone and the bright days are here.

"My sunny one shines so sincere.

"Sunny one so true, I love you."

Hebb had said in several interviews that he wrote "Sunny" in response to the slaying of his brother outside a Nashville nightclub and to the assassination of President John F. Kennedy a few days before.

On his 69th birthday in 2007, he recalled that he was living and performing in New York City at the time he wrote the song.

"I was intoxicated," Hebb told The Associated Press. "I came home and started playing the guitar. I looked up and saw what looked like a purple sky. I started writing because I'd never seen that before."

He included the song in his act at a bar called Brandy's and the audience liked it.

After a Japanese artist had a hit with the song in Asia and vibraphone player Dave Pike recorded it in the United States, Hebb recorded the vocal at Bell Sound in New York.

At the height of "Sunny" popularity, Hebb toured with the Beatles.

In a 2004 interview with The Tennessean newspaper, Hebb recalled that all four Beatles were nice.

"John (Lennon) and George (Harrison) were very quiet," he said. "But Ringo (Starr) and Paul (McCartney) were more active and easier to get to know. It was just something to be with those cats."

In 1971, Lou Rawls won a Grammy award for "A Natural Man," written by Hebb and Sandy Baron. In 2004, Broadcast Music Incorporated honored Hebb for 6 million airings of "Sunny."

As recently as 2007, Hebb was still writing songs and had his own publishing company and record label, Hebb Cats.

Hebb was born to blind parents and raised in Nashville. He joined the Navy in 1955 where he played the trumpet in a jazz band.

In the 1950s Hebb also played and danced with Roy Acuff's country band, the Smoky Mountain Boys, and became one of the first black musicians to perform on the Grand Ole Opry show in Nashville.

Funeral services were pending. Survivors include a daughter and four sisters. □



BUSINESS

Aruba TODAY

Higher GM and Ford sales point to steady recovery



Ford vehicle sit in a sales lot in Scottsdale, Arizona, June 2, 2009.

REUTERS/Joshua Lott

By Soyoun

DETROIT (Reuters) — U.S. auto sales ticked higher in July in an uneven recovery that left Toyota Motor Co (7203.T) and Honda Motor Co (7267.T) sputtering with declines from strong year-earlier results.

By contrast, the two U.S. automakers run through government-funded bankruptcies last summer, General Motors Co (GM.UL) and Chrysler, posted sales gains of 5 percent each.

Ford Motor Co (F.N) only kept pace with a 5 percent gain excluding results for its now-sold Volvo brand, disappointing investors who had hoped for an outsized gain for the only U.S. automaker to have avoided a bailout.

Including Volvo, Ford's sales were up 3 percent.

Shares of Ford slipped in reaction to the sales results and were down 1.8 percent in afternoon trading on Tuesday. Estimates for the annualized rate of sales in July were still preliminary but the tally appeared to have fallen short of more optimistic forecasts of analysts that would have made the month the strongest since last August when the market saw a sales surge driven by U.S. government trade-in incentives.

"I would describe the results as relatively close to expectations, maybe a little bit weaker than what we had expected," said Paul Ballew, chief economist at U.S. insurer Nationwide in Columbus, Ohio.

"We're dealing with a soft economic recovery so we are certainly not seeing sales sprint ahead by any stretch of the imagination," he said.

WINNERS AND LOSERS

The biggest winners in a month marked by a gradual return in consumer demand were Korea's Hyundai Motor Co (005380.KS), which posted a sales gain of 19 percent and said it was increasing production to meet demand, and Nissan Motor Co (7201.T), where sales were up 15 percent.

Toyota, which had been a major beneficiary of the U.S. government's cash-for-clunkers sales incentive that began in the last week of July 2009, saw sales slip 3 percent.

It was the first sales drop for Toyota since February when it had stopped sales of popular models because of a series of safety recalls that rocked its reputation for quality in its largest market.

Sales for Honda were off 2 percent, the automaker's first

sales decline since January.

Auto executives said the industrywide sales result for July eased concern that the U.S. economy could be tipping back toward recession after weaker-than-expected June auto sales.

"In June, you had the feeling that maybe the industry wasn't out of the woods, and there was a lot of talk of a double dip. But June really seems to have been a blip," said Al Castignetti, head of Nissan brand sales in the U.S. market.

The stronger auto sales for July came as indicators for U.S. consumer spending and incomes for June were flat, data which economists said pointed toward a still-anemic recovery.

GM said its results underscored the progress it has made as a smaller company by reducing costly sales incentives and building momentum with a more balanced line-up.

GM's sales figures are expected to represent the last monthly sales update from the top-selling U.S. automaker before it files for a stock offering. The IPO is expected to reduce the U.S. government's GM ownership stake of 61 percent.

Sales of GM's four remaining brands -- Chevrolet, Cadillac, GMC and Buick -- were up almost 25 percent in July, a far larger gain than its overall 5 percent increase.

GM said it was keeping its forecast for full-year industrywide U.S. sales unchanged at 11.5 million to 12 million vehicles at the start of the second half.

"I think it doesn't show we'll have incredible strength but it shows the recovery is still on track," said GM's U.S. sales chief, Don Johnson. □



In this Aug. 2, 2010 photo, traders Luke Dalton, left, and Robert Arcero work on the floor of the New York Stock Exchange. Stock futures are trading in a tight range Tuesday, Aug. 3, as investors paused following a big start to August.

(AP Photo/Richard Drew)

Stocks fall after weak earnings, economic reports

By STEPHEN BERNARD

and DAVE CARPENTER,

AP Business Writers

NEW YORK — The stock market put its big rally on hold Tuesday after disappointing earnings and economic reports reminded investors of the obstacles still facing the economy.

The Dow Jones industrial average fell 38 points after rising 208 Monday on brighter economic news. All the major indexes fell moderately.

Investors were unhappy with just about every major earnings or economic report Tuesday. Procter & Gamble Co. and Dow Chemical Co. reported earnings and revenue that fell short of forecasts. Consumer spending and income figures showed that people are still very cautious with their money. Factory orders fell in June, as did the number of homes that were under contract to be sold.

The stream of bad news reminded for investors the fact that the recovery is going to be bumpy and slow. So, following what has become the market's pattern of recent months, they gave back some of Monday's big gain, which was due in part to manufacturing news that was better than expected. Trading has been erratic since the spring amid the conflicting signals about the recovery, and many traders are quick to cash in any profits. Traders are also uneasy ahead of the Labor Department's July employment report due out Friday. Consumers are not expected to significantly increase their spending until they feel more secure about their jobs.

Dan Cook, a Chicago-based senior market analyst with the brokerage firm IG Markets, said many traders stayed out of the market while they waited for the employment report.

"These severely choppy markets are scaring individual investors," he said. "There's no way we can get them back in the game without getting the employment numbers up."

Investors are also uneasy about two other labor market reports this week. The payroll company ADP on Wednesday will release its count of the number of jobs created or lost at private employers in July. And on Thursday, the Labor Department issues its weekly report on the number of laid-off workers who filed for unemployment benefits for the first time. □

SPORTS

Aruba TODAY

Heat visit Celtics in NBA opener, LA at Christmas

BRIAN MAHONEY

AP Basketball Writer

NEW YORK (AP) — The Miami Heat will debut their All-Star trio of Dwyane Wade, LeBron James and Chris Bosh at Boston on the opening night of the NBA season against the defending Eastern Conference champion Celtics, who are led by their veteran group of Paul Pierce, Kevin Garnett and Ray Allen.

The Los Angeles Lakers will host Houston in the other opener on Oct. 26, the NBA announced Tuesday. The Houston Rockets hope to have Yao Ming back in the lineup after he missed last season with a foot injury.

The Christmas schedule will again feature five games, highlighted by the return of the Heat-Lakers matchup that was regularly played Dec. 25 after Los Angeles traded



From left, Chris Bosh, Dwyane Wade and LeBron James, enter the stage during a fan event at the American Airlines Arena in Miami Friday, July 9, 2010. With 13,000 fans chanting “Yes We Did!” amid an atmosphere more suited to an awards show or rock concert than a basketball game, the Miami Heat welcomed the NBA’s newest trio of superstars Friday night for a celebration unlike just about any other in team history.

be released Aug. 10, but the league unveiled its nationally televised games for the opening week of the season, Christmas and Martin Luther King Jr. Days during an NBA TV special on Tuesday.

There was more heightened interest in the schedule this season because of the attention on the Heat, who got James and Bosh to join Wade last month. James’ return to Cleveland, surely to be a spectacle because of Cavaliers fans’ anger over the Ohio native’s departure, did not land on one of the marquee dates.

Orlando gets two high-profile games in the first four days of the season. The Magic host No. 1 overall pick John Wall and Washington on Oct. 28 to open their new Amway Center, then travel to Miami the next night for the first of four meetings with their state and Southeast Division rival Heat.

The Magic and Celtics will meet again on Martin Luther King Jr. Day. The Lakers will host the Thunder, who took them to six tough games last season in the first round, later that night. □

Associated Press

Shaquille O’Neal to Miami in 2004.

Boston will visit Orlando at Christmas for a rematch of the East finals. The remainder of that day’s schedule includes Chicago at New York, Denver at Oklahoma City, and Portland at Golden State.

The full NBA schedule will

Gatlin wins 100m comeback



Former Olympic champion Justin Gatlin, 2nd right, crossing the finish line to win the men’s 100-meters final, with Estonia’s Askar Anipai, left, US sprinters J-Mee Samuels second left, and Rubin Williams, right, during The Bigbank Kuldliiga meeting Outdoor Track & Field Event in the northeastern town of Rakvere, about 62 miles from Tallinn, Estonia, Tuesday, Aug. 3, 2010.

Associated Press

JARI TANNER

Associated Press Writer

RAKVERE, Estonia (AP) — Justin Gatlin won a 100-meter race in 10.24 seconds Tuesday in his first competition after a four-year doping ban.

Gatlin’s time at the small Bigbank Kuldliiga meet in Rakvere, northeastern Estonia,

was nearly 0.4 seconds off the pace that made him Olympic champion in 2004.

The 28-year-old American sprinter finished .07 seconds ahead of countryman J-Mee Samuels, while Rubin Williams, also of the United States, was third in 10.54.

“I felt good, I felt alive,” Gatlin

told The Associated Press. “I’m a little disappointed in the time. I run half the race just kind of cycling through it.

“But I think this a good comeback, to get my feet wet, and I hope going into the next races will be bigger and better.”

Gatlin won his qualifying heat earlier Tuesday in 10.34.

None of the other competitors at the meet had a personal best below 10 seconds.

Gatlin won gold in the 100 at the 2004 Athens Olympics in 9.85. He won the 100 and 200 at the 2005 world championships in Helsinki, but was banned from the sport after testing positive in April 2006 for excessive testosterone. The ban ended last month. Gatlin, who is aiming for the 2012 London Olympics, is set to compete again Sunday in Tallinn, the Estonian capital □

Netherlands, Spain fined for WCup final behavior

ZURICH (AP) — The Netherlands and Spain have been fined by FIFA for their players’ poor discipline in a bad-tempered World Cup final.

FIFA said Tuesday the Dutch federation must pay 15,000 Swiss francs (\$14,480; €10,900) after eight different players received yellow cards, and defender John Heitinga was booked a second time and sent off.

English referee Howard Webb showed five yellow cards to Spain, getting its federation a 10,000 Swiss francs (\$9,650; €7,300) fine.

FIFA’s disciplinary code has a clause on team misconduct calling for a federation to be fined when at least five of its players are sanctioned in a match.

Spain won 1-0 in the July 11 final in Johannesburg, on Andres Iniesta’s extra-time goal after the Netherlands were reduced to 10 players. □

Teammate: Favre texted players saying he's done

JON KRAWCZYNSKI

AP Sports Writer

MANKATO, Minnesota (AP)

— A Minnesota Vikings player said Tuesday that Brett Favre has texted his teammates and told them he plans to retire.

Tight end Visanthe Shiancoe said he learned of the messages by talking to several teammates, though he had not received any direct messages from Favre.

"He told a couple guys on our team he's going to retire," Shiancoe said after practice Tuesday evening. "He hasn't told me, but I'm going to check my phone."

Earlier Tuesday, a person with knowledge of the situation told The Associated Press that Favre has informed the Vikings he won't return for a second season. The person said Favre called coach Brad Childress and texted some players and team officials to say his injured left ankle is not responding as well to surgery and rehabilitation as he had hoped. The person spoke on condition of anonymity because no official announcements were made.

Childress said Favre had not told him directly that he plans to retire as of Tuesday morning. The coach would not confirm Favre's status with the team, calling it a "fluid situation," and he was unavailable for comment after the evening practice. Owner Zygi Wilf declined to comment.

"I'm not a big hearsay person," Childress said. "I gotta hear it from the horse's mouth."

As always with the 40-year-old star quarterback, things could change. Favre and his agent, Bus Cook, did

not return messages from the AP. "I plead the fifth on everything," defensive end Jared Allen said. "I love Brett and he reserves the right to do what he wants to do. We obviously love him as a teammate. We'd like to have him back. But until it's official, I'll believe it when I see it."

True enough. With Favre, nothing ever seems final. He told the Vikings last year he wouldn't play, but changed his mind and joined them immediately after they broke training camp. Childress even drove to the airport to pick him up for his 19th NFL season. Camp this year ends on Aug. 12. Star running back Adrian Peterson said he still hopes that Favre will be handing him the ball in the season opener on Sept. 6 in New Orleans. Peterson said he exchanged text messages with Favre on Tuesday but declined to give details.

"I'm still up in the air like you guys trying to figure out what's going to happen," Peterson said. "I'm sure he'll make the best decision for him."

Every Minnesota player asked about Favre reacted with hesitation after three years of answering questions about Favre's future.

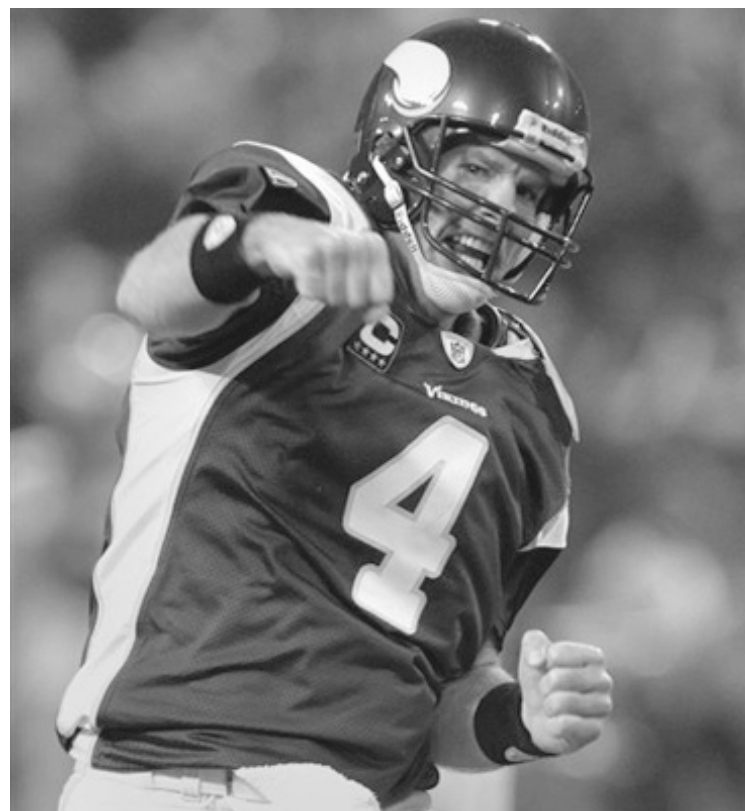
"It's always back and forth with Brett," said quarterback Tarvaris Jackson, in line to get the starting job if Favre is gone. "It's his decision. He deserves the opportunity to decide when he's going to retire or not, whether he wants to retire or not. It's up to him. Right now, I'm just trying to focus on getting better."

Favre has considered retiring every summer since 2002. It led to an ugly parting with the Packers

that got him traded from Green Bay to the Jets in 2008. After a so-so season in New York, he announced his retirement in early 2009 for the second time, then reconsidered and signed with the Vikings.

He had one of his best seasons last year, with career bests in completion percentage (68.4), quarterback rating (107.2) and fewest interceptions (7), while throwing for 33 TDs and 4,202 yards to lead the Vikings to an NFC North title. He hurt his left ankle in the NFC championship loss to the New Orleans Saints and had arthroscopic surgery in May.

Favre was under contract for \$13 million this season, but only if he plays. □



This Jan. 17, 2010, file photo shows Minnesota Vikings' Brett Favre (4) celebrating after throwing a 47-yard touchdown pass to Sidney Rice during the first half of an NFL divisional playoff football game against the Dallas Cowboys, in Minneapolis.

Associated Press

SUMMER EXPLOSION TATTOO

WEDNESDAY LADIES NIGHT \$49 - LADIES \$10 OFF

THURSDAY SUNSET DINNER CRUISE \$49

FRIDAY CARIBBEAN PARTY CRUISE \$49

SATURDAY LOCAL EVENTS

\$1 - \$2 - \$3 BAR

Jägermeister

Home of the ^{\$3}

Jägerbomb!

FOR RESERVATIONS CALL **586-2010**

**"FAVI FUNDACION
CU VISION"**



Milwaukee Brewers' Prince Fielder, right, watches his sharp single off Chicago Cubs starting pitcher Randy Wells during the fourth inning of a baseball game and 18-1 win over the Cubs Monday, Aug. 2, 2010 at Wrigley Field in Chicago. Watching on the play is catcher Geovany Soto. Fielder went 5 for 7 with five RBI's and scoring twice.

CHICAGO (AP) — Prince Fielder drove in five runs and had five of Milwaukee's season-high 26 hits and Yovani Gallardo equaled a season-high with 12 strikeouts as the Brewers pounded Chicago 18-1 on Monday night. The Cubs tied a franchise record for hits allowed, matching Sept. 2, 1957, when they lost to the Milwaukee Braves. After scoring two runs in a three-game series against

Houston, the Brewers broke out against an overmatched pitching staff. Ryan Braun also had five hits for Milwaukee, which snapped a five-game losing streak. Casey McGhee had a three-run homer and Fielder had a three-run double. Corey Hart finished with four hits for the Brewers. Gallardo (10-5) allowed one run and two hits over six innings.

Associated Press

NL Roundup

Brewers get 26 hits in 18-1 win over Cubs

The Cubs have lost a season-high six straight and have been outscored 62-17 in that span. Chicago finished with four hits, all doubles. At St. Louis, Jeff Keppinger had two hits and four RBIs, including a key hit during a go-ahead three-run eighth inning, as Houston won its sixth straight and spoiled Jake Westbrook's St. Louis. Albert Pujols homered for the third straight game and Westbrook worked six strong innings for St. Louis, which lost for only the second time in 13 home games. The Cardinals have lost four straight at home to Houston, falling a half-game behind Cincinnati in the NL Central. Keppinger's RBI double off Mike MacDougal (1-1) tied it at 4 and Carlos Lee scored the go-ahead run by beating a wide throw home from second baseman Skip Schumaker on

Chris Johnson's bases-loaded chopper. Nelson Figueroa (3-1) allowed an RBI double by Felipe Lopez that put the Cardinals ahead 4-2 in the seventh. Westbrook, acquired in a three-way deal last week, had seven strikeouts, one off his season high. At Pittsburgh, rookie Travis Wood allowed two singles over seven innings and fill-in first baseman Miguel Cairo drove in two runs for Cincinnati in a 4-0 victory over Pittsburgh on Monday night. Russ Springer, the 41-year-old right-hander brought up from the minors earlier in the day, and Arthur Rhodes, the 40-year-old first-time All-Star, pitched an inning each to complete the combined three-hitter — Cincinnati's seventh shutout and fifth victory in six games. The Pirates, on track for their record-extending

18th consecutive losing season and their first 100-loss season since 2001, have been outscored 34-5 while losing their last five. Wood (2-1) had made only six previous career starts, winning once. Cairo, filling in for NL RBIs leader Joey Votto, who sat out with a sprained right wrist, had a sacrifice fly in the fourth. Russ Ohlendorf (1-9) walked four and hit a batter over five innings. At Atlanta, Tim Hudson pitched six solid innings and Rick Ankiel drove in two runs with his first hit for the Braves. Ankiel's two-out, two-run single came in a three-run first inning. Chipper Jones added a solo home run in the seventh for the Braves, who had lost five of seven and two straight. The Mets lost their second straight and 10th in 14, and have won only six of their last 23 games. Hudson (12-5) allowed six hits, one run, walked three and struck out three. Johan Santana (8-6) gave up nine hits, four runs, walked two and had a season-high 11 strikeouts in seven innings. Billy Wagner pitched a scoreless ninth to earn his 25th save in 30 opportunities. Nationals 3, Diamondbacks 1. At Phoenix, Adam Dunn hit his 26th homer and Livan Hernandez baffled hitters into the eighth inning for Washington. Ivan Rodriguez became the fifth catcher to hit 300 homers with a solo shot off Rodrigo Lopez (5-10) in the second, and Dunn hit another into the swimming pool in right-center the next inning. In other NL games it was Cincinnati 4, Pittsburgh 0; Atlanta 4, N.Y. Mets 1; Milwaukee 18, Chicago Cubs 1; Houston 9, St. Louis 4; Washington 3, Arizona 1; and San Diego 10, L.A. Dodgers 5. □

WACKY wahoo's
PALM BEACH #33-A WWW.WACKYWAHOOS.COM
STEAK. SEAFOOD. B.B.Q. & FUN!

Ex-Hadicurari BBQ & Grill with the same owner's. We do our own daily fishing so we serve the freshest seafood on the Island.

Very reasonable price, exciting menu and NO SERVICE CHARGE
Dinner from 5:30 - 10:00
Monday - Saturday

FRESH CATCH & SEAFOOD
We are located close to the High-rise hotel's at walking distance.
Call us for Catering Service and Private Party's etc.
RESERVATION SUGGESTED
TEL: 586-7333

"ARUHIHA"
Located at the Olde Molen
TEL: 586-7833
The 1 and only Homemade Aruban Cigars
Open from Mon. thru Sat. 9AM - 10PM
Sunday 9AM - 10PM
With a purchase of \$20 or more 1 FREE Cigar
Bring this coupon for FREE ARUBAAN Cigar.

Gasparito
PH 967044 RESTAURANT-ART GALLERY
Authentic Aruban Cuisine...

Valid only for Juni 2010
Bring this Coupon and you get this promotion
3 Course Local Menu
Appetizer, Entree and Dessert
Soup or Salad
Ice Cream, Quesillo or Chocolate Cake
Choice include our specialties: Keeshi Yena Chicken, Aruban Combo, Cabrito Stoba, Fisherman's Loot, Ribs, Gasparito Chicken.
Gasparito #3 • Noord, Aruba
Tel: (297) 586-7144 / 586-7044
Don't forget about our early bird special from 5:30 to 6:30
\$19.95 p/p.

AL Roundup

Rays' Jeremy Hellickson wins major-league debut

ST. PETERSBURG, Florida (AP) — Jeremy Hellickson won his major league debut and Matt Joyce drove in a pair of runs as the Tampa Bay Rays beat Minnesota 4-2 on Monday night to end the Twins' eight-game winning streak.

Hellickson (1-0) allowed two runs and three hits in seven innings, helping the Rays win for the ninth time in the last 10 games. Dan Wheeler got the final two outs for his third save.

Jason Kubel homered and had two RBIs for the Twins, while Carl Pavano (13-7) gave up four runs and nine hits over six innings. He had been 8-0 in his previous 10 starts.

Twins catcher Joe Mauer was out of the lineup for the second straight game after receiving a cortisone shot in his right shoulder on Saturday. The reigning American League MVP, dealing with tendinitis since he took a foul tip off the shoulder last month, could

start Tuesday.

Indians 6, Red Sox 5

At Boston, Fausto Carmona rebounded from his worst start of the season with seven solid innings, and Shelley Duncan had a career-high four hits to lift the Indians.

The victory proved costly, though. Cleveland catcher Carlos Santana was taken off the field on a stretcher with his left leg in an air cast after blocking home in the seventh inning.

Carmona (11-8) allowed only two runs and eight hits, and Chris Gomez worked the ninth for his 13th save as the Indians won their third straight road game.

Adrian Beltre hit two homers and drove in five runs for Boston, which lost first baseman Kevin Youkilis to injury. John Lackey (10-6) took the loss.

Blue Jays 8, Yankees 6

At New York, Travis Snider hit two of an AL record-equaling

six doubles in a seven-run fifth inning, and the Blue Jays prolonged Alex Rodriguez's search for his 600th homer.

Snider began the barrage of doubles with a leadoff hit against A.J. Burnett (9-9) and finished it with a drive off Sergio Mitre. In between, Fred Lewis, Jose Bautista, Vernon Wells and Aaron Hill also had doubles to match the Washington Senators, who had six against the Boston Red Sox on June 9, 1934, and the Texas Rangers on July 31, 2002, against the Yankees.

The Yankees rallied from an 8-2 deficit but fell into a share of first place in the AL East with Tampa Bay, which beat the Minnesota Twins 4-2. New York dropped two of three games this weekend against the Rays. The Yankees had been alone in first since June 20.

Morrow (8-6) won his third straight start, and Kevin Gregg earned his 24th save.



Tampa Bay Rays starter Jeremy Hellickson pitches against the Minnesota Twins during the fourth inning of a baseball game Monday, Aug. 2, 2010, in St. Petersburg, Fla.

Associated Press

Athletics 6, Royals 0

At Oakland, Trevor Cahill threw a three-hitter for his first complete game and Rajai Davis hit a two-run homer as the Athletics ended the Royals' three-game winning streak. Matt Watson, Kevin Kouzmanoff and Coco Crisp also drove in runs for the A's, who won their fifth game of the last six played at home. Cahill (11-4) recorded the A's third consecutive complete game by scattering four walks and striking out three.

Mitch Maier, Wilson Betemit

and Chris Getz collected the only hits for the Royals, who were shut out for the first time since July 4 and the fifth time overall.

Royals' starter Brian Bannister (7-11) lost his sixth straight decision and is winless since June 23. He allowed five runs on seven hits, walking four and striking out four.

In other AL games it was Toronto 8, N.Y. Yankees 6; Cleveland 6, Boston 5; Tampa Bay 4, Minnesota 2; and Oakland 6, Kansas City 0.

Tour champion Contador wins Castillon criterium

C A S T I L L O N - L A - BATAILLE, France (AP) — Three-time Tour de France champion Alberto Contador of Spain won the Castillon-la-Bataille criterium race on Tuesday by beating Sylvain Chavanel of France in a sprint finish.

Chavanel won two stages at the Tour this year. Tuesday's field also included other Tour stage winners like Alexandre Vinokourov of Kazakhstan — Contador's Astana teammate — and French rider Thomas Voeckler.

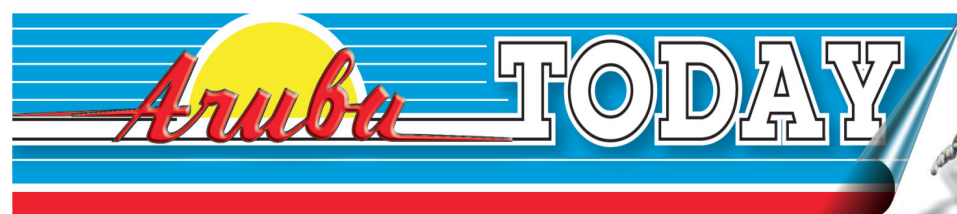
Riders completed 30 laps of a 3.2-kilometer (1.9-mile) circuit that featured 1.5 kilometers (0.93 miles) of minor climbs.

The 27-year-old Contador will leave Astana and ride for Bjarne Riis' Saxo Bank-SunGard team next year.

Riis said Tuesday that Contador has signed for two seasons. Contador also won the Tour in 2007 and '09. □

Spanish cyclist for the Astana team, Alberto Contador crosses the finish line to win the Criterium International de Castillon cycling classic in Castillon-la-Bataille, southwestern France, Tuesday, Aug. 3, 2010. Three-time winner of the Tour de France, Contador, has decided to join Bjarne Riis's Team Saxo Bank on a two-year deal.

Associated Press



KEEP ARUBA CLEAN...



THANKS FOR YOUR CONTRIBUTION

"BRING THIS AD"

ECONOMY

CAR RENTAL

TODAY SPECIAL

\$30

PER DAY!

- **LOW** rates
- **FREE** pick-up
- **FREE** delivery
- **FREE** road map
- **FAST** & friendly service

PLEASE CALL US DIRECT:

TEL: 583-0200

FEES, TAXES AND CDW NOT INCLUDED

SPORTS

Aruba TODAY



A-Rod's quest for 600HRs approaches 2 weeks

HOWIE RUMBERG

AP Sports Writer

NEW YORK (AP) — The numbers on the specially marked balls for Alex Rodriguez's at-bats must be getting up there — perhaps close to say 600.

The Yankees slugger's quest — and by now it is one — for membership in the exclusive 600-homer club extended into its 11th game Monday with an 0-for-5 night against the Toronto Blue Jays.

"I thought I swung the bat better today. I had some pretty good pitches to hit," Rodriguez said after the Yankees' 8-6 loss. "The difference between 0 for 5 and 2 for 5 is small."

A-Rod's drive to become the youngest player and seventh overall to reach the milestone began after he



New York Yankees' Alex Rodriguez removes his batting gloves after grounding out for the third out in the bottom of the eighth inning in the Yankees' baseball game against the Toronto Blue Jays at Yankee Stadium on Monday, Aug. 2, 2010, in New York

Associated Press

homered off Kansas City reliever Robinson Tejeda on July 22 and has gone on for 48 plate appearances against four teams in three cities.

He's hitless in his last 14 at-bats and is 9 for 43 overall with eight RBIs during the drought. The closest he has come to the homer is a couple of long fly balls that were caught in front of the warning track.

Most of the 47,034 fans remained in their seats Monday for one more chance to see him bat in the ninth, and they got it. But Rodriguez grounded to shortstop against Kevin Gregg to end the game.

"The way I'm swinging, it's probably going to take a while. Everybody get comfortable," Rodriguez said, smiling on Sunday.

Rodriguez began the search for 600 by saying that he isn't going to feel the pressure the same way he did when he was going for No. 500 in 2007, a wait of 10 days and 28 at-bats. He even playfully checked out the marked balls that are switched in before he steps to the plate in one of his first at-bats, way back on July 23.

His manager says Rodriguez can't possibly ignore the significance of the pending homer.

"With the flashbulbs going off all the time and changing the ball, I don't know how you don't think about it," Joe Girardi said.

Nearly a week past his 35th birthday, the three-time MVP appeared loose before Monday's game, hitting many balls over the wall in batting practice, including a rare shot that banged off the black glass of a sports bar in center field — way beyond the 408-foot sign and above monument park.

While Rodriguez needed 41 at-bats to hit his first homer this season and has just 16 home runs this year, a stretch like this while approaching 600 is unusual. Babe Ruth separated 599 and 600 with one at-bat, Hank Aaron two. Barry Bonds' spell was eight, Sammy Sosa's was 13 and Ken Griffey Jr.'s 17, according to STATS LLC. Willie Mays went 21 homerless at-bats before his milestone shot.

Girardi said he hasn't seen the frustration growing, but he did keep his clean-up hitter out of the starting lineup against Tampa Bay on Sunday. Rodriguez struck out looking as a pinch-hitter in his lone at-bat.

"Nothing told me that he didn't have good at-bats or wasn't being patient," Girardi said Monday. "He just didn't get any hits."

In his first game back at Yankee Stadium after a fruitless seven-game road trip to Tampa Bay and Cleveland, Rodriguez was greeted with loud cheers. But fans only in seats beyond the walls in right and left field are standing now with every pitch.

Thousands of camera flashes still burst in a brilliant sparkle with each pitch — think of all the wasted photos — and fans roared when the count turned to Rodriguez's favor in the third. The groans were just as loud when he struck out.

Rodriguez joked that he doesn't notice the flashes, saying, "I'm used to it; it's been about a month."

Morrow said he noticed the flashes once, but it would be a lot easier to forget that being part of history was one pitch away if it wasn't stamped on the baseballs.

"It's a lot easier to put it out of your mind if they didn't give you a new ball everytime he was up," he said. □

PGA Tour moves closer to designating must-play events

DOUG FERGUSON

AP Golf Writer

AKRON, Ohio (AP) — A proposal that would require PGA Tour members to compete in certain tournaments passed its first test and is on track to be adopted before the end of the Fall Series.

In an effort to bolster tournaments that typically get weak fields, the concept is to designate a small number of events and demand players choose one to play. The policy board approved the idea at a meeting last week in West Virginia, which was the first step.

"Because it's a tournament regulation, it has to be passed twice," PGA Tour commissioner Tim Finchem said. "It was preliminarily approved in concept. Now we go back to the PAC (Players Advisory Council) and work through the details, get some player input and bring it back to the fall meeting."

Finchem said he was "positively inclined" that it ultimately would be adopted.

What remains are the details, starting with how many tournaments would be designated and which players would be required to play.

The tour could use the FedEx Cup standings, money list or even the world ranking from a previous year to determine who it affects.

It would be the closest thing the tour has had to mandatory participation, although it falls short of the "1-in-4" concept of the LPGA Tour in which players must compete in every tournament at least once over a four-year span.

Finchem has said he would want the policy adopted by around September, which would give the tour the rest of the year to explain and educate players on the plan.

Another proposal that appears to have stalled — at least for now — is expanding the field at the season-opening SBS Championship at Kapalua, traditionally reserved only for winners from the previous season. The PAC has discussed giving a two-year exemption to Kapalua for PGA Tour winners.

Finchem supports the idea, but the tour is looking for another title sponsor (although SBS is under contract through 2019). The commissioner said he wants to see if another sponsor emerges before making changes, to be sure a new sponsor agrees with the change. □

Crystal Theater offers Inception



ORANJESTAD -- Hollywood never looked so good. Angelina Jolie called the Crystal Theater her home last week as Salt premiered on the Island's largest screen, measuring 50 x 20 feet.

Page B2

Radisson hosts a luncheon with special distinctions



PALM BEACH -- Yes, I Can Attitude and Genuine Hospitality were lauded as Radisson Aruba Resort Casino & Spa hosted the Colleague of the Month luncheon for April, May & June, 2010.

Pages B8 & 9

3rd time in a row

Steven Max Freestyle Windsurfing World champion

ORANJESTAD -- Three times is a charm they say, well he did it again. After battling through more than 20 heats in two different age categories, sailing the last six heats back to back, under grueling circumstances and horrible weather conditions, Steven Max found a way to fight his way back from the bottom of a double elimination sequence, all the way to the top, defending his title and again becoming the IFCA Freestyle world champion in the under 13 category.

The IFCA World Championship Freestyle Prokids 2010 was held in Bonaire, at Sorobon beach.

Sixty competitors from Europe, the US, and even Australia, Aruba, Curacao and of course Bonaire, competed for the honor of calling themselves, the IFCA Freestyle world champion 2010.

Not only did this 12 year old from Aruba compete in the under 13 class, he also entered the under 15 competition and after some more hard work and showing great skills he won third place as well.

Continued on Next Page



Steven Max Freestyle Windsurfing World champion



Continued from Page B1

The overall results for this years IFCA Freestyle world championship are in the under 20 class , first Place Hendrick Balentien from Bonaire, Rick

Jendrush from Holland second place, Ezri Heymans from Bonaire third place. In the under 17 category Bonaire's Dylan Robles won first place, Rafael the Windt from Curacao

second and Amado Vrieswijk from Bonaire third place.

In the category under 15 first place went to Amado Vrieswijk, second to Nicolas Hibdige to from England and



third place to Steven Max from Aruba.

Steven Max defended his title for the third year in a row by winning first place in the under 13 category, second went to Shepherd Gustowski from Bonaire and third place to Aron Etmon from Curacao. In the baby category, Steven's six year old little sister Alima, with her amazing acrobatic moves and charming the crowd with her dazzling smile,

conquered 3rd place, making her big brother and family very proud.

Next year Steven will have the honor to represent Aruba again, this time in Holland, where the next IFCA Freestyle Prokids World Championship will be held, in Brouwersdam. Steven hopes everyone will keep on supporting him and he's grateful that Interprint Aruba backed him up the way they did. □

Crystal Theater offers Inception



ORANJESTAD -- Hollywood never looked so good. Angelina Jolie called the Crystal Theater her home last week as Salt premiered on the Island's largest screen, measuring 50 x 20 feet. This week Leonard Di Caprio presents his dream invasion accompanied by state of the art sound, at the Crystal Theater. And audiences are thrilled with the presentations, viewing bigger than life movies in style and comfort. Crystal Theater came into play during the World Cup Soccer Games. While the South African extravaganza is history, the theater is in business, in the business of offering top notch movies, in their premier screening.

And to make the experience even more agreeable, the theater offers two delicious dinner options one at Aquarius Restaurant, presenting an abundant seafood buffet and the other at L.G. Smith Steak & Chop House, starring as the name of the restaurant implies, Steaks & Chops.

The Crystal Theater dinner and movie combo are priced at \$39+15%, and dinner reservations are accepted from 5:30 p.m., at both restaurants.

Patrons may call tel: 523 6115 for reservations or information, says Zugheila Lindeborg, Local Marketing Manager. Show time is 8:30 p.m., and the price of a movie ticket on its own is \$10.

To purchase tickets stop by the box office next to the Crystal Casino, open from 5 p.m., or you may also purchase your tickets at the box office of the cinemas at Renaissance Marketplace or the Cinemas at Paseo Herencia. The Crystal Theater is active nightly showing movies, sport event, special performances and concerts. Kindly consult the weekly calendar of activities on www.thecinemas.aw or on Facebook. □

Think twice before going unprotected!

Condom use in Caribbean unacceptably low



Condom use during sex in the Caribbean remains unacceptably low in an environment where HIV transmissions are still high, epidemiologist Professor Peter Figueroa says, and he also points out that the sexual habit of multiple partners is fuelling the epidemic in many countries.

Some progress is visible across the region but prevalence remains high, according to Figueroa and he hesitated to name more than three countries that are turning things around with respect to prevalence (based on the available data); he cited Haiti, The Bahamas and the Dominican Republic.

It was during a meeting of regional stakeholders in Vienna at the AIDS 2010 conference on Wednesday night that Figueroa of Jamaica pointed to the problems in the region. What he identified as perhaps the most serious issue is the realization that a considerable amount of Caribbean heterosexual men have multiple sex transactions outside of an intimate relationship.

"...There are large groups who are in relationships and are also engaging in sexual acts with commercial sex workers and they are not using condoms. In addition, the region faces another challenge with homosexual men who are also engaging in sexual acts with women", Figueroa noted.

The rate at which men have sex with men in the region is exceptionally high, Figueroa said, and he underscored that the issue emerges when homosexual men turn around and have sexual relations with women. He noted that Men who have sex with Men (MSM) are creating a bridge between the two sexual groups and fuelling the HIV/AIDS epidemic in the region, in addition to heterosexual men with multiple sex partners.

And the problems are compounded by the Commercial Sex Workers (CSW) who are conducting sexual transactions without

condoms, Figueroa added. He said that generally condom use is minimal in the region. However, he emphasized that these issues must be addressed if the region is to gain on the progress made.

But there are other challenges. Figueroa pointed to the global map of HIV infections which was circulated in Vienna and which indicated that the Caribbean region only has 240,000 persons on register compared to other regions where the numbers are particularly high including China (700,000); Brazil (730,000); the Russian Federation (940,000); India (2.4M) Asia (4.7M) and Sub-Saharan Africa (22.4M) among others. According to Figueroa, people have already started to whisper about cutting back on funding regional programmes in an effort to scale up funding in regions where the epidemic is raging. This, he said, could mean that the Caribbean region is currently benefiting from the final disbursements of funding from the Global Fund. "...This could be our last round which means that we have to make it go a far way", he noted. The region has to focus on sustaining its programmes and on getting value for money, Figueroa contended, adding that many stakeholders also need to be held accountable including the Pan Caribbean Partnership Against HIV/AIDS (PANCAP).

There is also need for regional agencies to collaborate deeper by sharing experiences, he added. Additionally, he said the region has to build capacity.

But more critically, he said political will has been lacking. He said the policy has to change in a more meaningful way and stressed that leaders have to take some courageous steps in the fight against HIV/AIDS.

Treatment and prevention Figueroa asserted that the focus of the AIDS 2010 conference has been on treatment and prevention and according to him, the region is struggling in this area. He said around 50 percent of persons in the region who need treatment are not even aware that they need to be treated. This, he said, raises the question of new strategies and whether the region should start looking at routine testing for people who turn up at hospitals. "It is important that we identify everyone who needs to be on treatment and start treating them", he pointed out.

Further, he noted that Caribbean people have to get over their hang-ups about discussing sex openly with young people because it is not helping the fight. He said

also that young people need to be aware of the risks and that they must be armed with the information to make sound choices.

On the issue of openly discussing sex in the region, Ernest Massiah, Regional Director for UNAIDS agrees with Figueroa. He told Stabroek News during an interview in Vienna that the region still faces a problem of being able to speak candidly and clearly about sex, about sexual orientation and sexual behaviours, particularly with young people. He underscored that the region is struggling with providing access to treatment and prevention for those who are in need, in addition to the issue of new infections, more specifically, among young people.

Massiah believes that in the absence of these very critical conversations about sex, the Caribbean's efforts to move ahead in the fight are being impeded. He said too that punitive laws within the region which criminalise certain aspects of sexual behaviour are also posing serious problems.

With respect to policy and political will, he declared that regional leaders have never lost interest in the health of their people. "I believe HIV/AIDS is critical to health and economic well-being of the Caribbean and I don't believe leaders are losing faith...I think we have in the Caribbean a very amazing system coming up from the PANCAP mechanism but also too at the level of heads of government where there is a prime minister with responsibility for HIV/AIDS", he noted. According to Massiah, this type of coordination does not occur in many other regions and he called it an expression of a very mature and sophisticated political apparatus dedicated to addressing this issue.

Currently, he said the biggest challenge at this point in the Caribbean is that the prevention and treatment programmes are not getting to the population which is most at risk. □



LOCATED AT THE HOLIDAY INN SPORTS BOOK

No charge or tax on winnings
Live simulcast of all major tracks
Highest limits in Aruba
Sports Book opens at 12:30 pm
Only casino to televise all football games

POKER ROOM EARLY BIRD SPECIAL 6 p.m.

TEXAS HOLD-EM
\$4-\$8 LIMIT

BUY-IN FOR \$30 RECEIVE \$60 IN CHIPS
MUST PLAY TWO (2) HOURS

DAILY POKER TOURNAMENTS At 6:30PM

Monday \$10 Buy-in
Tuesday \$10 Buy-in
Wednesday \$10 Buy-in
Thursday \$10 Buy-in
Friday \$10 Buy-in
Saturday \$150 Buy-in
Sunday \$10 Buy-in

(Tournaments are subject to change as per Management criteria)

BLACKJACK
Only Casino in Aruba
Where dealer stands on

Soft 17

CRAPS

3 - 4 - 5 Times Odds

FOR SALE

PROPERTY LAND (674 m² / 7414 sf)
with view, situated in new project
Salinja Serca/Noord.
Asking price US\$ 100.000,-
For info call 733 18 54

JOLLY PIRATES \$10 off

SAIL, SNORKEL, SWIM & SWING!
DAILY 9:30-2pm \$55pp
 Visit 3 Great sites with BBQ, Open Bar, Gear & Ropeswing!

AFTERNOON SNORKEL
DAILY 3-6pm only \$38pp
 Shorter version of morning cruise same stops Open Bar, Gear & Ropeswing!

SUNSET SAIL
Mon & Fri 5-7pm only \$27pp
 Open Bar included & Ropeswing!

Save \$10 per couple / per coupon for morning cruise. Save \$5 per couple / per coupon for afternoon cruise.

586 8107/592 7858

Tickets available at Jolly Pirates Shop at MooMba Beach. Boarding at MooMba Beach- by the high rise hotels between Holiday Inn and Marriott Resorts. Offer not valid in combination with other discount offers. Valid for direct telephone reservations only - Present coupon upon boarding.

Sold out in one day!

Exclusive mussel season at Papillon Restaurant



PALM BEACH - The mussel season has started with a bang! The first mussel night at Papillon Restaurant caused a riot: they were sold out on the first day. Not surprisingly, because this year the mussels

are fleshier and tastier earlier in the season than ever. The mussels arrive on Aruba with the fresh, salty smell of one of Holland's and Belgium's best export products still clinging to them. July is the

time when the mussels are cut, mainly at 'de Zeeuwse kust'. Papillon's true mussel feast will hopefully last a long time.

Papillon's chef Bas Kuurstra is preparing the mussels in two ways: the traditional and the local way. The classic, traditional way is with all the trimmings: boiled and steeped in French white wine with a garnish of fresh vegetables like finely cut onions, celery, parsley and black, freshly ground pepper and thyme. The traditional mussels are served with French bread, French fries and mayonnaise. The other way is the 'manera local': stewed in Aruba's locally

brewed Balashi beer and served with funchi instead of French bread. Funchi is a local staple food.

Mussels are fantastically healthy: they contain hardly any cholesterol at all, are rich in vitamins and good fatty acids. The 'Zeeuwse Mosselen' are world famous: they are tasty and chewy. Every Thursday the mussels are delivered to Papillon straight from the airplane; you'd better make reservations fast as the export amount is limited.

Papillon Restaurant is located at The Village across from the Radisson Resort on the hi-rise strip. □



BE AN
**EARLY BIRD
& RECEIVE**

**20% DISCOUNT
ON YOUR FOOD CHECK**

DAILY FROM
5.00 PM
till 6.30 PM

Café
Rembrandt

DAILY **HAPPY
HOUR**

5.00 PM - 6.30 PM

South Beach Centre - Palm Beach 55 - Tel.: +297 586 47 47 - www.rembrandt-aruba.com

Olga & Vito Bianco honored at La cabana Racquet Club

EAGLE BEACH - Recently at La Cabana Racquet Club Resort vacationers were presented with honorary titles created by the Ministry of Tourism as a token of appreciation to guest visiting Aruba for 10 and 20 consecutive years. Special friends of Aruba, enjoying ten or more annual vacations here, are given the Distinguished Guest certificate and those with twenty consecutive years are awarded the Ambassador of goodwill title.

The recent honoring were effected by the Aruba Tourism Authority associate Ricardo Croes at La cabana Racquet Club Resort they call their home away from home. The following guest were honored as an Ambassador of Goodwill the following visitors were honored : Olga & Vito Bianco
Pictured: ATA Rep. Ricardo Croes together with honorees and also Debbie from La Cabana Racquet Club Resort. □



Tel: 582-0697 / 583-7484
Schotland str. 70

Extend your Stay at
Quality Apartments



- *Studio & Loft Apts.
- *Fully Furnished
- *Kitchen / Airco / Cable TV
- *Swimming Pool
- Less than 1 mile from Eagle Beach & 4 large supermarkets.
- Feel free to contact or visit us.
- Mon - Fri: 8am-7pm. Sat & Sun: 9am-5pm.

BENLO CIGARS

Import & Export • We ship all over the world • Tel.: 5863555
Located in the Arowak Garden, next to Salt & Pepper,
Paparazzi and Tango Restaurant.

We are specialized in premium Cuban Cigars.
Opening hours: Mon. - Sat. 8:30am - 11:00pm
Sunday 9:00am - 11:00pm

Depending on purchase, we have discounts starting from 5% up to 20%.
With purchase of \$20 or more 1 FREE CIGAR

Bring this coupon for your free Cuban Cigar!



FOOD, Liquor & More...

Mini Market at "The Village"

Walking distance from all High Rise Hotels
Located opposite the Radisson Hotel & right across from
Señor Frog's!

id get your Basic Food & Drink supplies

A variety of Wines and especially that...

ICE COLD BEER !!!



Souvenirs of Aruba also available!

OPEN DAILY!

Monday through Sunday
From 10 am to Midnight !

Tel. 586-7478 Te Oro ! See you there !

HUMAN HINTS

Ancient Techniques In The Modern World

Here we are, spirits in Physical Bodies. How do we transcend the physical when it is all we know? The ancient texts were written in a different time, when physical matter was a lot less dense than it is now. Thought and stillness might have worked when physical matter was more malleable, but in the solid concrete-like form we know today, the effects of non-action are minimal.

What can we do in this physical world that now

has the density of concrete? While we're racing around trying to keep our lives in order, stillness and meditation are not even on our long list of things that have to get done. We need to learn to meditate while in action. We will learn to remain still inside while we are physically rushing around taking care of our daily lives.

We know that the pursuit of the goal is all that matters, and the result of our effort is meaningless. The energy

with which you approach your life determines not the physical outcome, but the energetic outcome of your daily actions. Your attitude creates the energetic foundation for your Life.

If you have a bad attitude, recognize it, release it and replace it with joy and gratitude. It sounds fluffy, but this is a powerful technique. You will learn to do this in an effortless instant as you reclaim conscious power over your own life. When you're grateful for your Life, everything transforms and you become empowered to make the changes you want. Gratitude transforms you from the energy of lack into the energy of abundance.

When we consciously let go of anger and embrace gratitude, we practice focusing our mind throughout the course of the day. The feeling might come and go at first, with only a few fleeting sensations of gratitude penetrating through the anger. Write, "I Love My Life" on post-it notes to remind you. Repeat

it in your head all day long. Sooner or later you will start to believe it. Then you will learn to effortlessly release your anger and fear while instantly replacing it with gratitude and joy. This is one way to teach yourself to meditate throughout the course of the day, because it focuses our mind no matter what is going on around us.

Quiet meditation is a powerful method of self-transformation and self-discovery, but it's not always the most practical path to enlightenment in today's society. Life doesn't always grant us the luxury of Stillness, but we can be grateful in every moment of our lives, no matter what task we're involved in.

Learn to consciously change your outlook. The way you see things is up to you, and your attitude is all that matters. Change the automatic judgments that don't serve your enlightenment. Release your negative feelings and replace them with gratitude.

Until Tomorrow...

Go to www.HumanHints.com to sign up to receive this column in your email each day.


~Quentin Danziger

Quentin has over 20 years experience balancing what we refer to as the Real World, with science and spirit. He has held positions of responsibility and authority, received a Bachelor of Science in Engineering Physics from Colorado School of Mines, and has also studied many avenues of alternative thought.


HumanHints is the culmination of his knowledge, experience and practice. These free daily emails detail concrete, real-world techniques to consciously create any future you choose, while in the throes of daily life created by outdated modes of thought.

HumanHints.com, PO Box 997, Vail, CO 81658

Copyright HumanHints. All Rights Reserved. ☐



3D movies
presented by
SETAR




THE CINEMAS
www.thecinemas.aw VALID TILL AUG 5

NOW BUY YOUR TICKET ONLINE

AT RENAISSANCE		AT PASEO HERENCIA	
AFTER LIFE daily: 9:00 NEW matinee: late show: 11:30 R UNTHINKABLE daily: 4:30 - 6:45 matinee: late show: R G-FORCE daily: matinee: 12:00 - 2:10 late show: PG DESPICABLE ME 3D daily: 4:30 matinee: 12:00 - 2:15 PG late show: THE LAST AIRBENDER daily: 6:45 - 9:00 matinee: late show: 11:15 PG TOY STORY 3 3D daily: 6:00 matinee: 12:50 - 3:30 PG late show: SALT daily: 8:30 matinee: late show: 11:00 PG-13 THE KARATE KID daily: matinee: 12:15 - 3:15 PG late show: PREDATORS daily: 6:10 - 8:45 matinee: late show: 11:30 R GROWN UPS daily: 4:45 - 7:00 - 9:15 matinee: 12:00 - 2:30 late show: 11:50 PG THE SORCERER'S APPRENTICE daily: 5:30 - 8:00 matinee: 12:30 - 3:00 late show: 11:00 PG	TOY STORY 3 3D daily: 4:00 - 6:30 G matinee: 1:30 late show: THE TWILIGHT SAGA: ECLIPSE daily: 9:00 matinee: late show: 11:45 PG-13 GROWN UPS daily: 4:45 - 7:15 - 9:30 matinee: 12:00 - 2:30 late show: 11:45 PG-13 THE KARATE KID daily: 3:30 matinee: 12:30 PG late show: KNIGHT & DAY daily: 6:30 - 9:00 matinee: late show: 11:30 PG-13 THE SORCERER'S APPRENTICE daily: 3:45 - 6:15 - 8:45 matinee: 1:00 late show: 11:15 PG DESPICABLE ME 3D daily: 4:45 matinee: 12:15 - 2:30 PG late show: THE LAST AIRBENDER daily: 7:00 - 9:15 PG matinee: late show: 11:30 SALT daily: 4:15 - 6:30 - 8:30 matinee: late show: 11:00 PG-13 THE PRINCESS AND THE FROG daily: matinee: 12:00 - 2:00 G late show:		

AT CRYSTAL THEATER



CRYSTAL THEATER

Situating in the Renaissance Mall

Tickets available at the Crystal Theater Box-office, next to Crystal Casino from 5:00 pm.

Movie starts at 8:30 pm.

DINNER AND MOVIE ONLY \$39,-
per person plus 15% service charge

L.G. SMITH'S AQUARIUS

CRYSTAL THEATER

Situating in the Renaissance Mall

Tickets available at the Crystal Theater Box-office, next to Crystal Casino from 5:00 pm.

Movie starts at 8:30 pm.

DINNER AND MOVIE ONLY \$39,-
per person plus 15% service charge

L.G. SMITH'S AQUARIUS

Matinee: everyday | Late show: fri & sat



The Promenade

Restaurant

Family owned with an European and Local touch
come and enjoy our famous.

What's better than money, more for your money

SPECIAL

"All you can eat Night"

for

only \$25

FOR RESERVATION

Space is Limited

583-8899 / 592-1580

L.G. Smith Blvd. 160 near the low rise Hotels

ART INSPIRED FUSION CUISINE • MODERN LOUNGE • COCKTAILS



"The newest sensation on Aruba. Fusion Cuisine at it's best! Great Value!"

taste the magic of fusion cuisine

Taste the moment and enjoy Aruba's one and only restaurant dedicated to the magic of Fusion Cuisine. Our young team of daring and talented chef's will surprise you with original creations combining exotic flavors, ingredients & elements of French, Italian, Asian and Aruban cuisine. Join our adventure of taste and flavour.

Milano
FUSION RESTAURANT • LOUNGE

3 COURSE MENU
FOR 2 PERSONS

US\$. 57.95
WE DO NOT CHARGE SERVICE CHARGE
RESERVATIONS RECOMMENDED
VALID UNTIL 5/30/2010

Located at South Beach Centre | Palm Beach 55 | Reservations required | Call us at 586-7070 | www.milano-aruba.com

ADAM STEINFELD
MAGIC
COMEDY MAGIC LIVE!
9pm Nightly
THE WESTIN
RESORT
ARUBA

Adam Steinfeld live tonight!

SEE IT LIVE! ON STAGE

Don't miss Magic & Comedy tonight!

9 PM NIGHTLY, at the WESTIN RESORT-ARUBA

Magic Live!® theater-of-illusions comedy show starring Adam Steinfeld at the Westin-aruba, **9 PM nightly**, is a full-evening of grand illusions, comedy & magic featuring original never before seen stage illusions. **"better than excellent, it's outstanding,"** a lot of fun from start to finish, laugh out-loud funny, a thrill ride, intelligent, sophisticated, unconventional grand illusions, that will keep you asking how the heck did he do that!

TWO THUMBS UP!

GREAT!, FANTASTIC! I've seen your show, 3 times, and I could see you over and over again.

-Yolanda Cellucci, Boston, Mass

"it's the best magic show, we've ever seen...it's a must see!"

-Leopold family, New York

THE MUST-SEE SHOW - YOU DON'T WANT TO MISS IT!

AROUND THE WORLD AND BACK

It's obvious Adam Steinfeld's real passion is performing in front of a live audience, as his charisma and charm create an unforgettable show. See it live!



IF YOU GO

SHOWTIME: 9pm nightly, (7 nights per week)

LOCATION: Westin Resort - Aruba

THEATER OPENS: 8:30PM

BOX OFFICE OPENS: 8PM

STARRING: Adam Steinfeld

WHAT: Comedy Magic, Grand Illusion show.

COST: \$20.00 (under 15), \$35.00 adult

TICKETS: at the door, Box office, Westin Lobby, front desk or all De Palm Tours concierge desks

GROUP SALES: 561-1090



Radisson hosts a luncheon with special distinctions



PALM BEACH – Yes, I Can Attitude and Genuine Hospitality were lauded as Radisson Aruba Resort Casino & Spa hosted the Colleague of the Month luncheon for April, May & June, 2010. The event unfolded in the Grand Caribbean Ballroom and featured a delicious catered lunch. General Manager Rob Smith and Director of Human Resources Glenn Farro conducted the award ceremony calling colleagues on stage to receive their awards as well as public recognition.



The nominations, by department heads, recounted stories of dedication and commitment: covering for colleagues on vacation, working double shifts, handling guests' wishes and concerns, and in general raising the bar on service-excellence at the resort. Among those nominated Juliana Rasmijn, Eugenille Perez, Marilu Erasmus, Jhon Villar Polo, Stephanie Tromp, Mathilde Clement, Teresa Delgado, Lucio Croes, Grace Chan, Theo Ruiz, Marvinia Richardson & Gerson Alcocer. The winners, Aura Reed for April, Edwin Tromp for May, and Fernanda Pierre for June demonstrated their value as team players, outshining their peers with their performance during the second quarter of the year. During lunch, the resort also acknowledged colleagues with long term careers

celebrating their first, third, fifth, tenth, fifteenth and twentieth anniversary at the Radisson. Celebrating a decade, Victor Hernandez, Audrey Sinclair, Lourdes Ridderstaat, Winnie Mabalay, George Lopez, Armando Boekhoudt and Cesar Saldivar; completing fifteen years Milaine Jourdain, Jeanine Poulard & Helene Ruiz, and receiving accolades for giving twenty years to the resort, and to the Housekeeping Department, Sandra Gonzalez, who is a star Sr Room Attendant. □

Walt & Janice McMann honored at the Aruba Beach Club Resort



ORANJESTAD - Recently at the Aruba Beach Club Resort vacationers were presented with honorary titles created by the Ministry of Tourism as a token of appreciation to guest visiting Aruba for ten and 20 consecutive years. Special friends of Aruba, enjoying ten or more annual vacations here, are given the

Distinguished Guest certificate and those with twenty consecutive years are awarded the Ambassador of goodwill title. The recent honoring were effected by the Aruba Tourism

Authority associate Ricardo Croes at the Aruba Beach Club Resort they call their home away from



home. Walt & Janice McMann were honored as an Ambassador of goodwill after visiting Aruba for 20 years.

Pictured ATA Rep. Ricardo Croes together with Walt & Janice and also Moraima Giel from the Aruba Beach Club Resort. □

Celebrate tonight with Live Music & Entertainment at Casa Tua Barcelona



ORANJESTAD - Casa Tua Barcelona's Flamenco Show is the spot to be tonight with Angela Croes TONIGHT and then again on Friday.

Enjoy your Paella and Sangria together with these fantastic live shows! The downtown atmosphere is cool and relaxed with its in- and outside seating.

The highlight at Casa Tua Barcelona is also the new lunch specials every weekday from Monday till Friday! A \$9.95 lunch special; Beef tenderloin



with a red wine sauce or choose the Grouper Fillet for \$11.95. Both dishes include a soft drink. Fresh Fish lovers can treat the palate to the Whole Red Snapper, served with Rice and a salad.

All days of the week we serve Cold and Hot tapas as appetizers or the delicious Iberian Ham Pata Negra which we import directly from Andalucía. As your main course you could choose our Paella, traditionally prepared on the spot by our chef! Combine this Spanish dish with our home-made sangria to complete your dinner.

Of course we saved the best for last as no one does an ending better than Casa Tua with their dreamy Tiramisu. If you're into something different we suggest tasting the Espresso Martini Cocktail as dessert, you won't be disappointed.

The best part about such a good ending is that it guarantees you'll be back for more...



Casa Tua Barcelona Downtown open from 11.30am to 10.30pm, Sunday from 5pm to 11pm tel. 588 5695. Casa Tua Palm Beach open from 5pm to 11pm, tel 586 8470

Therapies for the Female Journey

By: Dr Carlos Viana

Starting with her first menstrual bleeding, called 'menarche'; a young woman starts a journey where her body is greatly affected by hormones. In many cultures, both through social and medical perspectives it is often considered the central event of female puberty, as it signals the possibility of fecundity. The journey, however, may be burdened with problems which I see daily in our clinic. Most women understand the importance of having a normal menstrual flow about every twenty-eight days. Well informed women know there are healthy ways to support the reproductive system. Women with healthy hormone activity will be able to start a family, when the time is right. Having healthy childbearing years, also support health later in life. Along the journey, especially when overindulging on sweets and simple carbohydrates many women may develop a problem with vaginal Yeast infections. Later in the female hormone cycle, before menopause sets in, almost 70% of women experience some unpleasant symptoms. Thankfully, there are natural therapies that can help women make their journey a bit easier. Menstrual regulation, pre menstrual symptoms (PMS) and menopause symptoms show improvement in our clinic when treated with acupuncture. The World Health Organization also lists relief from many symptoms of pregnancy and childbirth through acupuncture.

Herbs are another gift from nature used successfully in many cultures throughout time that assist with unbalanced hormones. Herbs that strengthen the female reproductive system include DONG QUAI and GINGER. Dong Quai has been used for centuries in Traditional

Chinese Medicine (TCM) as a womb tonic, antispasmodic, mild laxative, and blood purifier and to stimulate menstruations. Herbs that stimulate and promote normal menstrual flow are generally not to be used during pregnancy.

If menstruations become too heavy Ginger warms the energy channels and stops bleeding. GINGER soothes the stomach and lessens nausea. Billions of people use GINGER every day as both food and medicine.

Fertility refers the actual production of offspring, rather than the physical capability to produce which is termed fecundity. Throughout the ages wise women have known which herbs can increase a woman's ability to get pregnant. When taken properly fertility herbs have a proven track record of giving women nearly a 25% increase in fertility. Native Americans have used this herb for female health for many years. Proven as an aid for infertility, BLACK COHOSH is also used for treating uterine fibroids.

DONG QUAI is also traditionally valued as a very effective fertility promoter. For best results, I suggest using this during the days between ovulation and menstruation only. Check with a trained Herbalist, Naturopath, Traditional Chinese Medical doctor or Clinical Nutritionist for safe, correct use.. RED CLOVER BLOSSOMS's high vitamin content is very valuable to the uterus and its high protein content benefits the whole body. It's also quite high in calcium & magnesium which relax the nervous system and help promote fertility. This herb also contains nearly every trace mineral needed by the glands. Daily use can help balance hormonal functioning.

For conditions affecting women's health, such as breast pain associated with the menstrual

cycle, menopausal symptoms, and premenstrual syndrome EVENING PRIMROSE OIL can be used. Evening primrose oil contains gamma-linolenic acid (GLA), an essential fatty acid. Essential fatty acids are required by the body for growth and development, and must be obtained from the diet.

Herbal Remedies for Yeast Infections include GARLIC and OLIVE LEAF. Garlic's antibacterial and antimicrobial properties make it useful in treating bladder and kidney infections, yeast infections, strep throats and ear infections. It is an effective remedy against bacterial, fungal, viral and parasitic infections, and Candida albicans that produces vaginal discharges.

OLIVE LEAF extract is a broad-spectrum antimicrobial agent. The leaves contain an active compound called oleuropein, which has been shown to have an impact against infectious and virulent microbes. A powerful antiviral, olive leaf is said to be effective against even antibiotic resistant bacteria, yeast strains and fungi.

Balancing and regulating hormones that start going crazy before menopause, BLACK COHOSH is still valued by women today to help in the balancing of hormones and has been shown to be useful in treating stress-related symptoms of PMS and menopause.

LICORICE ROOT (DGL) has been used by TCM practitioners for thousands of years to treat ulcers, colds, skin disorders, and as a tonic for the heart and spleen. The root of this herb contains a saponin glycoside called glycyrrhizic acid which has a similar structure to hormones produced by our adrenal glands - giving licorice a hormone balancing effect.

Typical menopause symptoms, such as hot flashes



or night sweats, are caused by changing hormonal levels in the female reproductive system. Almost all women notice early symptoms while still having periods. This stage of gradually falling and fluctuating hormone levels is called perimenopause, which often begins in the early 40s. RED CLOVER contains isoflavones which have shown to be useful in helping to alleviate the symptoms of female menopause. Steroid-like compounds in this herb can change to estradiol and estrone which are estrogen precursors, giving it mild estrogenic properties which can be helpful during menopause.

Get The Point! Since before recorded history, herbs have been associated with feminine energy. In cultures around the world, women used their intuition to guide them in gathering medicinal plants and developing herbal and other natural therapies. Modern pharmaceuticals originated in herbal medicine. Not sure what's happening with your hormones? Our clinic offers sophisticated, science based hormone testing.

With test results, we can help you choose the right therapy or herb to support your female (or male) journey.

CARLOS VIANA, Ph. D. is an Oriental Medical Doctor (O.M.D.) having studied in China; a US Board Cert. Clinical Nutritionist (C.C.N.), an Addiction Professional (C.Ad.), Chairperson of the Latin American Committee of the International Academy of Oral Medicine and Toxicology (IAOMT), a Rejuvenating Cell Therapist specializing in Age Management, has a weekly radio program, writes and lectures extensively. For information: VIANA HEA

LING CENTER, Kibaima 7 - TEL: 585-1270

Web Site:

www.vianaheal.com
101 Great Ways to Improve YOUR HEALTH, 101 Expert tips to Great Health, Including a chapter by Carlos M. Viana, Aruba's Barefoot Doctor. Available NOW in Aruba @ Viana Center, Hotel Gift Shops & All Bookstores

Looking for RELIEF? TEL: 585-1270

Pain & Inflammation – Sleep – Stress - Allergies – Stomach Problems, PMS, Menopause, Chronic colds & flu – Fertility, natural Pregnancy, Post-partum – Addiction (Alcohol, street & legal Drugs, Gambling, Sex, WEIGHT CONTROL) – AGE Management



M-Sat at Kibaima 7

(St. Cruz, opposite the Drive-in)

Mon. at Rejuvenate Medi-Spa

(Bubali 5 min. from the hotels)

www.vianaheal.com

viananatural@hotmail.com



Dr. Carlos Viana

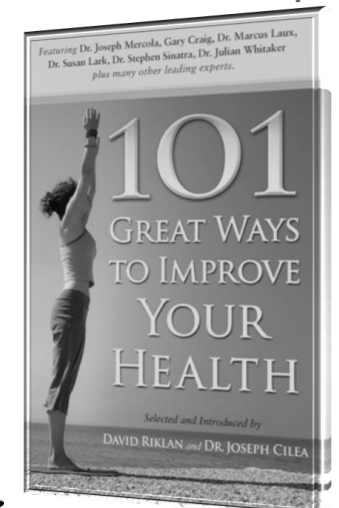
Oriental Medicine, Clinical Nutrition, Colon Hydro Therapy



Viana

HEALING CENTER

In Bookstores & Gift shops



Co-authored by Aruba's Carlos Viana, O.M.D., C.N.N.

Are Americans now more honest about their weight?

By **MIKE STOBBE**,
AP Medical Writer

ATLANTA — Are Americans becoming more honest about their weight?

That theory could explain why the gap appears to be closing in what people say they weigh and what actual measurements report.

A new government telephone survey released Tuesday puts the adult obesity rate at nearly 27 percent and rising. A more scientific survey has already said the rate is 34 percent and holding steady.

Experts believe the 27 percent is probably an underestimate, because it's based on what people say. People tend to say they weigh less than they actually do and say they are taller than they are.

The fact that it's catching up to the more accepted 34 percent estimate could

suggest people are becoming more accurate when they talk about their girth. It's one explanation, anyway, said Dr. William Dietz, of the Centers for Disease Control and Prevention.

"It is possible people are paying more attention to their weight and reporting it more accurately," said Dietz, director of the CDC's Division of Nutrition, Physical Activity and Obesity.

The new results are based on a telephone survey of about 400,000 people who were asked their height and weight. CDC researchers then calculate whether the person is obese, following a standard formula for body mass index. Under the formula, a 5-foot-4 woman is obese if she weighs 174 pounds or more, a 5-foot-10 man fits that description if he weighs at least 209

pounds.

The study found that nearly 27 percent of the surveyed adults said they were obese in 2009, up from about 25.5 percent in 2007, a small but statistically significant increase.

Earlier this year, the CDC released results from another study that actually weighed and measured 5,700 adults. It found that 34 percent are obese; results have been similar in the last three surveys.

The differing surveys mean the CDC is reporting that obesity is increasing — and that it's not.

"We have somewhat contradictory data," because the studies were done differently and sampled different populations, Dietz said. There could be several reasons why the telephone survey produced different

results, said Dr. K.M. Venkat Narayan, an Emory University public health professor familiar with the two studies.

For example, the phone survey included only people with landline telephones, meaning others with cell phones were not part of the data, he said. It could be that a significant number of people who exclusively use cell phones are obese and not counted.

As for people underreporting their height and weight, "it's not so much lying," but rather that they don't regularly get on a scale, Narayan said.

The new report also found that in nine states at least 30 percent of the adults were obese in 2009. The states were Alabama, Arkansas, Louisiana, Kentucky, Tennessee, Missouri, Oklahoma, West Virginia

and Mississippi, the highest at 34 percent. In 2007, only Alabama, Mississippi and Tennessee topped 30 percent. No states met a national goal for 2010 of limiting obesity to 15 percent. Only Colorado and the District of Columbia were lower than 20 percent, and just barely.

Colorado's rate of about 19 percent may be due in part to its hiking trails and recreational culture. Another factor may be its Rocky Mountain altitudes, which require people to burn more energy to do routine physical activities, Dietz said during a Tuesday teleconference with reporters.

Washington's rate — just under 20 percent — could be tied to common use of public transportation there, or to higher rates of breast-feeding and fruit and vegetable consumption, he said. □

Aruba After Dark
Kukoo Kunkoo
Ayy Parranda!

EVERY NIGHT
DINNER & BAR HOPPING
\$ 59

WEDNESDAY
PUB CRAWL
\$ 39

Summer special
Mi Dushi
SAILING AND SNORKELING ADVENTURES
Kids go FREE with paying adult

CALL 586-2010 FOR RESERVATIONS
www.midushi.com and www.kukookunuku.com

Classified

Bon Dia Aruba Weststraat 22 - Tel:5827800 - Fax:5827044

TIMESHARE FOR SALE PLAYA LINDA BEACH RESORT

WK 26	std	\$5,200
	3rd fl p/o	
wk 26	std	\$5,000.
	4th fl p/o/	
wk 26	1bdm	\$7,000.
	2nd fl pool	
wk 30	std	\$5,000.
	4th fl ocean	
wk 31	std	\$5,300.
	3rd fl ocean	
wk 31 & 32	1bdm	\$7,500 p/w
	2nd fl pool/o	
wk 32	std	\$5,000.
	1st fl pool	
wk 32	std	\$5,000.
	5th fl p/o	
wk 32	1bdm	\$7,000.
	1st fl garden	
wk 33	std	\$5,000.
	1fl fl pool	
wk 33 & 34	1bdm	\$8,500 p/w
	3rd fl pool/o	
wk 34	std	\$5,000.
	2nd fl g	
wk 34	std	\$5,000.
	3rd fl/o	
wk 34	1bdm	\$7,200.
	6th fl o	
wk 35	1bdm	\$8,000.
	3rd fl p/o	

for more info, please call 741-4243,
fax us # 425-660-2309
or email david@playalindasales.com



MARIOTT OCEAN CLUB

Platinum

1BD \$16K OV
2BD \$23k OV
2 BD \$38K OF

Gold

1BD \$9.7 K
2BD \$15K

MARIOTT SURF CLUB

Platinum

2 BD \$19 K GV
2 BD \$22 K OV
2 BD \$24.5 K OS
2 BD \$39 K OF
3 BD \$36 K OF
Presidents Week 7
Oceanside \$30K

Gold

2 BD \$12K GV
2BD \$14K OV
2 BD \$16 K OV
2BD \$22 K OF

ARUBA RESORT AND CASINO

1BD Wks 51,52,53
Sale \$10,000
Rent \$1,200
1BD Wks 1 thru 12
Ground Floor
Sale \$8,000, Rent \$900
1 BD WKS
9,10,11,12,13,14,15
Sale \$8000, Rent \$900
1 BD WKS 16 thru 50
Sale \$4500, Rent \$700

ARUBA BEACH CLUB

STUDIO WK 50
Sale \$4,000

CASA DEL MAR

36, Ambassador
Sale \$5,000 Rent \$600

DIVI PHOENIX

Studio wk 8 1BD WK 9

LA QUINTA BEACH RESORT

1 BD Wk 37,
\$3,000 Rent \$600
1 BD Wk 47,
\$3,500 Rent \$600

PARADISE BEACH VILLAS

2 BD Wk 1, \$12,000
2 BD Wk 2, \$13,000
2 BD Wk 4, \$14,000
1 BD G Wk 10, \$6,500
1 BD Pool Wk 17, \$6,500
Studio Wk 24 \$1,860
1 BD G Wk 19,3,150
1BD Pool Wk 20,\$4,200
2 BD P/ O Wk 23 \$7,500
2BD P/O Wk 32 \$7,200
2 Bed P/O Wk 38 \$6,600
One Bed P/O Wk 42
\$4,500

OCCIDENTAL

1 BD Supreme Float
Wks 2-17 \$16k OF

Contact our Aruba Representative

Classified

Bon Dia Aruba Weststraat 22 - Tel:5827800 - Fax:5827044

ARUBA VACATION PARK

Safest and exclusive
Vacation park
With automatic barrier
own swimming pool

FOR RENT

By week, month or year
fully furnished, wifi internet

Apartments VILLAS

Starting at US \$ 703 p/week
Now you can BUY
your own VILLA or
Condominium on Aruba

Designs are ready
So please contact us for more
Information
tel. 585 0550

ARUBA VILLA RENTALS

By week, month or year.
Fully furnished,
unfurnished
Houses,
Condo's studios.
Please contact us at:
586-4290 or e-mail:
info@arubavillarentals.com



CUIDA BO OIDO



Don't buy timeshare use timeshare

in
ARUBA

or

90 other world wide locations

For only \$159 per week

in 1 and 2 bedrooms

1 to 6 weeks packages from
\$2995

Maintenance \$389 total
37 year old Vacation Club
with A+ Better Business rating
Call to find out how!

564-0683

WHY RENT A HOUSE IF YOU CAN OWN ONE?

Our unique "rent to own" programs make your dreams
a reality!

*Homes, villas, condos, residential, commercial, & investment
properties. Some even offer guaranteed rental income!
Prime properties, fabulous locations.*

Properties form \$ 229.000

Aruba Liquidators

Please contact us for details: Phone: +297 586 3349

**MODERN Townhouse-Villa: near BEACHES, hotels,
shopping & restaurants.**



**Modern, Extremely well maintained Townhouse in lovely
gated community.** Short walk to restaurants, shopping etc.
Just up the road form **beaches & High-rise Hotels.** Piece &
tranquility in a **wonderful location** at a **fabulous price!**

What more can you ask for? **MUST SELL!**

Reduced from \$ 299.000 now only \$ 269.000!

MORE Discounted Properties: This very spacious 2-story commercial
building is located on a **PRIME LOCATION** downtown & visible from 5 roads!
±400 sq. meter (4000 sq foot) & lots of parking! Use it as a **whole or split it**
up. **MUST SELL!** Financing available. Was **\$699.000.** now **\$599.000.**

ARUBA VILLA RENTALS

Everything from simple guestrooms to *luxurious Villas!* By the week, month or year.
Phone: 586-4290 www.ArubaVillaRentals.com. Ask about our other
properties for sale, guaranteed financing, and lease-to-own properties.

Dockter na Warda



ORANJESTAD

SAN NICOLAAS

Dr. Cheung

Botica na warda

Oranjestad:

Botica Servicio Noord

San Nicolaas:

Botica Aloe



Police

No. di Polis	581-1100
Oranjestad	582-4000
Noord	587-0009
Sta. Cruz	585-4710
Savaneta	584-7000
San Nicolas	584-5000

Emergency Numbers



Emergencia	911
Polis	100
Brandweer	115
Brandweer II	582-1108
Tipline di Polis	11141
Hospital	587-4300

Oranjestad

Ambulance	582-1234
Warda Polis	582-4000

San Nicolas

Ambulance	584-5050
Warda Polis	584-5000
BGD San Nicolas	584-1606
Valero Security	584-1720

Services

Elmar	583-3000
Informacion	118
Kadaster	582-1311
Serlimar	584-6456
Setar	582-5151
Taxi	582-2116
Web	585-4600
Voogdijraad	582-1262
Taxi- Tas	587-5900
Bureau Sostenemi	588-1010
Profesional Taxi	588-0035
Taxi D.T.S.	587-2300

Cruise Ship



11 Serenade of the seas
25 Seranede of the seas

Funeraria's

AD Patres	584-2299
Del Pueblo	582-5622
Mementomori	583-3358
Zepp Wever	582-1612

Foundation Fellowship Clinic

Tel: 584-6440

Alcoholism & Drug Addiction,
Anonymity guaranteed

Fundacion Anti-Droga

Aruba (FADA) Tel: 583-2999

Fundacion Respetami

Tel: 582-4433

Fundacion Diabetico

Arubano

Tel: 583-3808

Narcotics Anonymous

Tel: 583-8989

Fundacion Amor pa
Prohimo

Tel: 583-3354 / 586-6976

Fundacion Hende Muher
den dificultad

The Most recommended in Aruba



- The Best petite "Look and feel" Girls in Aruba
- Exotic massage fantasy for couples
- Men & Women of your choice direct to you in 15 min.
- A special 2 for 1 massage

In call from 9 am till 12 pm out call 24/7

Exotic red light district bar-hopping tours with executive transportation & personal protection, day tours, as well as night tours available



FOR MORE INFO CALL: **567-7676** OR VISIT US AT OUR OFFICE AT WILHELMINASTREET 3, DOWN TOWN DOÑA CLARA BUILDING, LOCAL 3. WE'RE ALSO AT THE HIGH RISE, OR VISIT US AT WWW.C-JAMPRODUCTIONS.COM

<http://www.yapyum.com>

AVENIDA ALO TROMP 37
TEL: 7433826



Pure and Sensual

feel the passion!

For those who want to experience massage fantasy

- Service 24 hours
- Special massage
- Out call & incall service
- Beautiful girls
- Serving Man, Woman, Couples

Looking for companionship while in Aruba



561-5515



Aruba TODAY

Publisher John Chemaly Sr.	Editor-in-Chief Julia C. Renfro
Managing Director John A. Chemaly Jr.	Contributing Editors Angela Muzenhofer Dilma Arends
General Manager Grace Mary Maduro	International Editor Richard Brooks
Caribbean Speed Printing N.V. Weststraat #22 Oranjestad, Aruba Tel: (297) 582-7800 Fax: (297) 582-7044	Sales Team Elly Erasmus Marijke Croes Wendy Kelkboom Page Designer Dina Maria
Advertising Coordinator Sandra Loefstop-Duarte aviso@bondia.com bondia.aruba@gmail.com	

www.arubatoday.com
E-mail: news@arubatoday.com

LASHED TO A PULP BY CONGRESSMAN WEINER, BLOODIED AND BROKEN, UNABLE TO STAND THE SHAME OF IT, THE REPUBLICANS WITHDREW IN CONFUSION TO PONDER THE AWFUL TRUTH OF HIS WORDS... SURE THEY DID.

YOU CAN'T SHAME THE SHAMELESS.



GOP Blank Check for War?

Pat Buchanan

High among the blunders of history was the "blank cheque" Kaiser Wilhelm gave Vienna, after the assassination of Archduke Franz Ferdinand, to deal with the Serbs as they saw fit.

Five weeks later, Vienna cashed the check and declared war, after Belgrade refused to submit to all 10 demands of an ultimatum. Russia mobilized; Germany and France followed. And war came, the bloodiest in all of European history with 9 million soldiers in their graves.

Since June 1914, a "blank check" given by one nation to another for war has been regarded as strategic folly.

Thus it is startling to learn 47 House Republicans just signed on to H.R. 1553 declaring unequivocal "support for Israel's right to use all means necessary to confront and eliminate nuclear threats posed by Iran ... including the use of military force."

These Republicans have just given Tel Aviv a blank check for a pre-emptive war that Israel, unless it uses its nuclear weapons, can start but not finish. Fighting and finishing that war would fall to the armed forces of the United States.

Who do these Republicans represent?

The Pentagon has made clear that with two wars of nearly a decade's duration bleeding us, we do not want a third war with Iran. For while easy to predict how such a war begins, with air and missile strikes on Iran's nuclear facilities, no one can know how it ends.

Indeed, how would Israel reach its targets in Iran?

Turkey would not allow Israeli over-flights. The route over Jordan and Iraq would require U.S. military complicity, for we control Iraqi air space. Would Riyadh permit Israel to use its airspace to attack Iran,

knowing Tehran could create havoc in the Gulf states and oil patch of northeastern Arabia?

The Israeli air force could destroy the nuclear power plant at Bushehr, the heavy water reactor at Arak and uranium enrichment facility at Natanz. But Israel cannot follow up and destroy all the dispersed nuclear facilities and missile sites of Iran. And no one knows what would follow.

How would Iran retaliate? Missile strikes on Tel Aviv? A missile barrage from Hezbollah igniting another Israeli-Lebanon war?

How long could the United States stand by and watch Israel bombarded?

Indeed, the principal purpose and result of an Israeli pre-emptive war on Iran, bringing retaliation on Israel, would be to drag America in to fight and finish a war Israel had begun.

In whose interest is that? And who dreamed this resolution up?

If America joined the attack, we would have to complete the destruction of Iran's nuclear facilities and destroy its missile sites, coastal defenses, navy, air force and hundreds of speedboats to prevent attacks on U.S. warships and tankers transiting the Strait of Hormuz.

We would have to strike all the Republican Guard bases near Iraq and Afghanistan to protect our troops. We would have to kill thousands of Iranians.

Would Iran retaliate by inciting the Mahdi Army to kill our men in Iraq? Would it set Hezbollah to kidnap or kill Americans in Lebanon? Would Iran retaliate for its civilian dead by activating agents to commit terrorism in the United States? No one knows.

In 1986, Ronald Reagan ordered air strikes on Libya to retaliate for Qaddafi's bombing of the Berlin discotheque. In 1989, in retaliation, Qaddafi blew

up Pan Am 103. Death toll: 270 men, women and children. It's called blowback.

The House Republican resolution supports Israel's use of "all means necessary" to "eliminate nuclear threats" that represent an "immediate and existential threat to the State of Israel."

What "immediate and existential threat" are they talking about?

It is Israel that has hundreds of atomic bombs. Iran has no atom bombs, has tested no atomic device, has diverted none of its low-enriched uranium out of the sight of U.N. inspectors and has offered to ship half of its LEU to Turkey in exchange for fuel rods for a U.S.-built reactor that makes medical isotopes. And half of the centrifuges at Natanz have broken down. Undeniably, Iran is gaining knowledge of how to build a bomb. But such a decision would seem idiotic from Iran's standpoint, risking Israeli or U.S. nuclear strikes and provoking Turkey, Saudi Arabia and Egypt to follow suit and acquire the bomb, leaving Iran even more isolated and vulnerable.

Three years ago, 16 U.S. intelligence agencies reached a consensus that Iran had given up on the project of building a bomb. Do these Republicans have hard evidence Iran is diverting its enriched uranium to such a bomb? If so, where is it?

Have these Republicans forgotten what happened to their colleagues in 2006, who voted Bush that blank check for war on Iraq in 2002?

Why, with all the issues going for them, House Republicans would announce full-throated support for a pre-emptive war on Iran that Americans would have to fight and finish, escapes me.

But if this is where a Republican House would take America, into yet another war, best that we know it before voting this fall. □

Aruba TODAY

KEEP ARUBA CLEAN...

THANKS FOR YOUR CONTRIBUTION

Mercosur pide reunión presidentes por crisis Colombia-Venezuela

SAN JUAN, Argentina (Reuters) - Mandatarios de la unión aduanera Mercosur pidieron el martes a la presidencia rotativa del bloque y la jefatura de Unasur convocar a una reunión de jefes de Estado "a la brevedad posible" para tratar la crisis diplomática entre Colombia y Venezuela.

El pedido consta entre los documentos aprobados en la cumbre de mandatarios del Mercosur, integrado por Argentina, Brasil, Uruguay y Paraguay, celebrada el martes en la andina ciudad argentina de San Juan.

El bloque tiene como asociados a Chile y Bolivia, mientras que Venezuela se encuentra en proceso de adhesión. Varios presidentes sudamericanos coincidirán el sábado en Bogotá en la jura del nuevo jefe de Estado de Colombia, Juan Manuel Santos, a la que asistirá también el secretario general de la Unión de Naciones Suramericanas (Unasur), el ex mandatario argentino Néstor Kirchner.

El conflicto entre Bogotá y Caracas se desató tras la denuncia de Colombia de que Venezuela alberga en su territorio a guerrilleros que clasifica como terroristas. Por esa denuncia, el presidente Chávez anunció la ruptura de relaciones diplomáticas con su vecino.

El canciller de Venezuela, Nicolás Maduro, presente en la reunión de San Juan, dijo que "aspiramos en los próximos días a que estas situaciones complejas de amenazas que se han cernido sobre la tranquilidad de (...) Venezuela sean superadas".



El canciller de Venezuela, Nicolás Maduro (izquierda en la imagen), recibe un saludo de bienvenida de parte de su homólogo argentino, Héctor Timmerman, en la cumbre del Mercosur en San Juan, ago 2 2010. REUTERS/Marcos Brindicci

InterTRANSFER



PALAWAKIN

ANG PUWEDE MONG ABUTIN

Ngayon, mas marami nang ahensya sa Pilipinas ang puwedeng puntahan ng mga mahal mo, para makuha ang pinadala mong pera

ANG LAKAS AY NASA IYONG KAMAY

MoneyGram



www.moneygram.com

Magpadala papuntang Pilipinas sa:

InterTRANSFER

Ang MoneyGram® ay rehistradong marka ng MoneyGram. Ang lahat ng iba pang mga marka ay pagmamay-ari ng mga third party. © 2009 MoneyGram. Lahat ng karapatan ay reserbado.

OUR OTHER LOCATIONS ARE:

Port of Call
L.G. Smith Blvd 17

Kini Kini Building
Kerkstraat 2-B

Santa Cruz
Santa Cruz 52

San Nicolas
Caya Principal

TEL:

588-7919



► **FREE WiFi** ◀

OPEN 10am till 04 am
EVERY DAY HAPPY HOUR 5pm to 7 pm

T-SHIRTS, CUBAN CIGARS

We serve burgers, salads, fresh fish, wraps, fajitas, pizza and much more...

• Local prices • Late Night Snacks till 2am on Wednesdays - Fridays & Saturdays

Check our website for Theme nights with LIVE BANDS



RELAXED
AMBIENTE!



where
FRIENDS meet!



GREAT
BANDS!



SALSA &
MERENGUE
DANCING!

TUESDAY

Ladies Night

Guest DJ

CRAZY DRINK SPECIALS for the LADIES

Buy 1 Amstel Bright - Get 1 FREE Tequila!

WEDNESDAY

Cuban Night

Band starts @ 10pm

With Live Salsa music, mojitos and Cuban cigars!

THURSDAY

\$2-BAR

With Aruba's
Number 1 DJ:

DJ Diabla

FRIDAY & SATURDAY

With Aruba's most talented DJ's

Sexy Latin Club Nights



Royal Plaza Mall, Downtown Oranjestad, Aruba

t: (+297) 583 3632 - www.mambojamboaruba.com